ScotPHN Health & Housing

Pro-forma for gathering information on case studies

Title of project/initiative	Moogity Grub Hub*
Contact for project	anne@urbanroots.org.uk
Name, email, telephone	www.urbanroots.org.uk
 Website of project, if available 	-
Which organisations are involved?	Funding Partnership: Elderpark Housing Association, Health
 Planning/monitoring/delivery 	Improvement . Delivery : Urban Roots
 Partners 	Funding: Health Improvement and People and Communities
 Sponsors 	Budget (HA)
Funders – how funded?	
Brief description of project	Community Capacity Building; Growing project (community
 Rationale 	garden), get cooking classes, family meals, food-coop, fruit
 Aims and objectives 	and veg, flat pack meals, training . Access to affordable food ,
 Key activities 	training in relation to building skill but also access to
 Target population 	volunteering, education and employment.
 Geographical area 	People living in poverty in Govan (Elderpark) 1 p/t
 Start (± finish) dates 	
Resources	Coordinator, sessional staff as required including gardening
 Staffing 	staff, community chefs etc. Volunteers , community mentors.
• Time	Funding, Health Improvement (NHS) £70K, People in
Financial	Communities fund £55k
Evaluation and outcomes	All age groups within the community and a wide range of
Reach	vulnerability . 2015/16. Number of people taking part in
Impact	capacity building programmes = 1721 . Number of Volunteers = 75.
Reflections on project	All aspects of the project have exceeded our expectations.
What was successful?	The garden has become a catalyst for a range of work for
What was successful?What was challenging?	adults with poor mental health, children during summer
What was challenging: What would be done	holidays etc and a s a hub for the community to come
differently in future?	together and enjoy food, music and learning.
Next steps	We have agreed that the project should concentrate on a
What is the future of this	umber of themes some of which involve current programmes
initiative?	(community garden, family meals flat pack food etc) and
	some that are new e.g. development of a sensory garden for
	Dementia sufferers, Young People and food initiative, fruit
	barra and flat pack foods and support for Healthy Start in a
	second Thriving Places areas, development of two new
	community gardens and 1 Hub
Wider application	It is scalable in the south where the project is established and
Is this project scalable?	has earned a reputation.
Is it transferable to other	In other areas the learning is transferable i.e. the approaches
areas/contexts?	and the focus . Practical outcomes such as the food co-op (shop) and provision of flat pack meals would not be difficult
Any further information	
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	Cathy Rice
Any further information Reports or publications Other reflections Person completing pro-forma Date of completion	to replicate IF Housing Associations in other parts of the city (any city) were willing to support. Attached Cathy Rice 20/09/2016