**Scottish Public Health Mental Health SIG**

**25th May 2021, 10:30am to 12:30pm**

**Via Microsoft Teams**

**Trevor Lakey-Chair**

***Present:***

Trevor Lakey (TL), NHS Greater Glasgow & Clyde (Chair)

Jane Bray (JB), NHS Tayside (Co-Chair)

Denise McHugh (DM), ScotPHN

Ann Conacher (AC), ScotPHN

Phil Mackie (PM), ScotPHN

Claire Thirlwell (CT), NHS Dumfries & Galloway

Emma Hogg (EH) Public Health Scotland

Imran Arain (IA), NHS Tayside

Steph McKenzie (SM), NHS

Jenny Hutton (JH), NHS Lanarkshire

Jim Sherval (JS), NHS Lothian

Shirley Windsor (SW), Public Health Scotland

Ashleigh Jenkins (AJ), Public Health Scotland

Oliver Harding (OH), NHS Forth Valley

Elaine McKay (EM), NHS Western Isles

Elaine Young (EY), NHS A&A

Laura Petrie (LP) (on behalf of Ruth Bennett-NHS Fife)

Alison Potts (AP), NHS Grampian

Susan Monks (SM), Public Health Scotland-Guest

Audrey Taylor (AT), NES-Guest

***Apologies:***

Rachel Thompson (RT), Glasgow University

Valerie MacDonald (VM), NHS Highland

Kirsty Licence (KL), Public Health Scotland

Joy Tomlinson (JT), NHS A&A

Ruth Bennett (RB), NHS Fife

Tamasin Knight (TK), NHS Tayside

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| Item | **Key points and action** | **Resp.** |
| **1. Welcome and Apologies** | Introductions were made with apologies noted above. TL welcomed Alison Potts from NHS Grampian as a new member of the SIG and confirmed the retirement of Brenda Knox (NHS Ayrshire and Arran). TL said it was unfortunate that the SIG did not get to say goodbye to Brenda before her retirement but acknowledged all her hard work around mental health and wished her well in her retirement.  IA confirmed that he has moved from NHS Grampian to NHS Tayside. |  |
| **2. Note of previous meeting** | The previous note from 11th November 2020 was agreed as an accurate record. |  |
| **3. *Update on Research & Intelligence on Mental Health During the Pandemic*** | TL informed the group that Duncan McCaig/Carol Brown from Scottish Government have taken over the mental health remit from Alix Rosenberg.  TL has had discussion with Duncan McCaig regarding mental health tracking. TL will send the following links received to the group vis the SIG mailbox ([phs.sig@phs.scot](mailto:phs.sig@phs.scot))  Mental Health-related COVID studies:  [Scottish COVID-19 (SCOVID) Mental Health Tracker study](https://www.gov.scot/collections/scottish-covid-19-scovid-mental-health-tracker-study/):   * + Reports for waves 1 (May to June 2020) and 2 (July to August 2020) are available at the above link   + The report for wave 3 (October to November 2020) should be available within the next few weeks   + The data for wave 4 has just been collected, and the questions for wave 5 will be distributed soon – reports for both of these will follow in the coming months   [COVID-19 impact on wellbeing survey](https://www.gov.scot/publications/impact-covid-19-wellbeing-scotland-work-finances-neighbourhood-support-personal-wellbeing-behaviour-changes/):   * + Qualitative findings from some of the groups hardest hit by the pandemic will be published by SG soon   [Public attitudes to Coronavirus: January update](https://www.gov.scot/publications/public-attitudes-coronavirus-january-update/):   * + Includes findings regarding wellbeing   [Coronavirus (COVID-19): children, young people and families - evidence summary - December 2020](https://www.gov.scot/publications/covid-19-children-young-people-families-december-2020-evidence-summary/):   * + Includes findings regarding mental health and mental wellbeing   PHS datasets:   * + [Psychological therapies waiting times](https://beta.isdscotland.org/find-publications-and-data/conditions-and-diseases/mental-health/psychological-therapies-waiting-times/):     - Includes data on referrals, people seen and people waiting   + [COVID-19 wider impacts on the health care system](https://scotland.shinyapps.io/phs-covid-wider-impact/):     - Under the ‘Mental health’ tab, includes data on mental health drug prescriptions, A&E attendances, and out of hours cases   Hubbard 2021 CHARIS-MH’ attached report:   * + A nationally representative sample to Scotland that assesses anxious and depressive symptoms in June 2020     TL said if anyone had anything more to share around the data picture to send to the SIG mailbox to be shared to the group. ([phs.sig@phs.scot](mailto:phs.sig@phs.scot)) | **TL**  **ALL** |
| **4. *National Updates*** | **PHS**   * To Note, EH informed the group that Kevin Wilson Smith has joined PHS MH Team for a 6 month period to lead on advancing the MH strategic priority, aim is to also engage with the SIG around this. * EH will send to the group (when available) a high level summary of agreed activities PHS are taking forward this year. * SW highlighted the resurrection of the MH Workplace Collaborative. Which will concentrate on the Suicide Action Plan. Shirley confirmed that The Scottish Suicide Information Database Report (2011-2019) was released today (25/05/21) and that the COVID report will be released later in 2021.   <https://beta.isdscotland.org/find-publications-and-data/population-health/mortality/scottish-suicide-information-database/25-may-2021/> Public Mental Health Group: Reporting Document Template TL informed the group that going forward we will use the reporting template, and asked the group if they could complete prior to meeting, the template is available on the PMH MS Teams Channel. This will save time during the meetings to discuss specific issues.    TL thanked SM for completing the template prior to the meeting on behalf of NHS Borders (update attached) | **EH** |
| **5. *Presentation on Training/Learning resources*** | Susan Monks (PHS)/Audrey Taylor (NES) presented on the MH training suite/guides available for SIG members to adapt and utilise, this includes 5 learning bytes available on TURAS-They asked the SIG members to give feedback on gaps around what was missing, what they could expand on and anything else that they could suggest to make this resource as inclusive as possible. Any feedback to Susan/Audrey via the SIG email [phs.sig@phs.scot](mailto:phs.sig@phs.scot)  The briefing paper and PowerPoint presentation is attached for information.    On behalf of the group TL thanked SM and AT for the informative update. TL encouraged the group members to get in touch with SM/AT is they had any feedback. | **All** |
| **6.**PHP3/ PMH Checklist.  *Guidance for DsPH on Scottish Government Investment Areas* | Jane presented to the SIG a checklist / investment briefing note. After discussion the group agreed that it would be beneficial to have a more refined approach, some brief context and organise into priority actions, initial steps, core departmental investment / capacity dimensions, then ordering some of the other areas into shorter and longer term development needs. There also needs to be more “parity of esteem” and it would be a good idea to incorporate some of the suggestions made by the group around Community Wealth-building Approach / anchor institutions etc  The SIG agreed that to streamline and develop the checklist further before presenting it to the SDsPH. JB/TL will work on it then send it to group for further comment.  PM said as a rapid response that he would contact SDsPH ASAP, with feedback from this meeting around encouraging a greater recognition of the need to remobilise the wider response around PHP 3 in addition to treatment requirements- PM will email out to SDsPH and also request this as a SDsPH huddle item. | **JB/TL/ALL**  **PM** |
| **8. *Cross-Cutting Issues***  **Children & Young People Public Health (CYPPH)** | AC highlighted to the group that the CYPPH SIG is developing a paper on the effects of COVID-19 on children and young people. There will be a round table event on the 10th June 2021 to discuss this paper and if there is not any representation from mental health we may come back to this group to ask for a rep.  TL said that CYPPH will remain on the agenda going forward as a cross cutting theme and would welcome any suggestions from the group on how to take this further. | ***(ongoing agenda item)*** |
| **9. AOCB** | TL thanked everyone for their contribution to the meeting. |  |
| **10. Next Meeting** | **Meeting: 7th Sept 2021** |  |
| ***11.Microsoft Teams-Group Chat*** | MS teams chat have can be [accessed here](https://teams.microsoft.com/_#/files/PHMHSIG%20Meeting?threadId=19%3A5d898027b2f1455c9c7ca43e9341b11f%40thread.tacv2&ctx=channel&context=2020_09_09%2520-%2520PHMH%2520resources&rootfolder=%252Fsites%252FPHMHSIG%252FShared%2520Documents%252FPHMHSIG%2520Meeting%252F2020_09_09%2520-%2520). |  |