

## **ScotPHN Team Bulletin – 017**

Welcome to the seventeenth ‘ScotPHN team’ bulletin.

Please read, cascade and respond [via reply email](#) as appropriate and as time allows. We welcome notification of potential content/information for future bulletins.

### **Key National Covid-19 updates:**

#### **Public Health Scotland (PHS) Covid-19 Dashboards**

Public Health Scotland continue to regularly update Covid-19 data and intelligence

- Access the data and intelligence via the PHS [dashboards](#).

#### **Covid-19 Support Study – Update**

An update has now been published for the above study (experiences of and compliance with self-isolation).

- [Access to an overview and research findings can be found here](#)

#### **COVID-19 Vaccination Expansion**

The Scottish Government Health Secretary has confirmed that international students will now be included in the national COVID-19 vaccination programme.

- [Full details of this announcement can be found here](#)

#### **Scottish COVID-19 Contact Tracing Programme**

Weekly updates are now available from the Tracing Programme. Further information can be found on the [PHS website](#) or to receive weekly, Monday updates, contact [PHS.COVID-19ContactTracingProgramme@phs.scot](mailto:PHS.COVID-19ContactTracingProgramme@phs.scot)

#### **‘COVID Conversations’: Experiences of the pandemic in Scotland**

This Scottish Government report presents findings from qualitative research carried out between December 2020 and February 2021. These were referred to as ‘Covid Conversations’ as they gave people an opportunity to share their experiences of the pandemic and the public health measures that have been in place.

- [Read more about the conversations](#)

#### **Coronavirus Acts: Seventh report to Scottish Parliament**

This is the seventh, two-monthly report on the Coronavirus Acts in which the Scottish Government sets out the status and operation of the necessary legislation to respond to the coronavirus (Covid-19) pandemic. It is also the first such report to be produced in the new parliamentary session. Continued regular reporting on coronavirus-related legislation will ensure that the Scottish Parliament has oversight of the legislation, allowing it to hold Scottish Ministers to account for their use of the powers available to them.

- [Access the report](#)

## **Other National Updates**

### **Scottish Government Cabinet Update**

The Scottish Government confirmed their new ministerial appointments on the 19 May 2012;

- [A full list can be found here](#)

### **COSLA Elected Member Briefing – June 2021**

- [Access the latest COSLA Elected Member Briefing](#)

## **ScotPHN Projects**

### **Mitigating the impact of Gambling Harms**

ScotPHN is leading a project to develop a whole system approach to addressing gambling harms in Glasgow. The 3-year pathfinder project, governed through the Community Planning Partnership's Public Health Oversight Board (PHOB), will inform the Scottish National Strategy to Reduce Gambling Harms and contribute to the delivery of the Public Health Priorities.

As part of the project, The Health and Social Care Alliance were commissioned to engage with people with lived experience of gambling harm in Greater Glasgow. A report of this engagement, '[Reducing Gambling Harm in Greater Glasgow: A Community Conversation](#)', is now available.

### **GambleAware Interactive Maps**

GambleAware has published new [interactive maps](#) designed to help identify usage of, and reported demand for, treatment and support for gambling harms across Great Britain. The maps, segmented by local authorities and wards, indicate that certain areas have a higher take up of gambling treatment and support, whilst others indicate a greater reported demand for awareness of services.

- Access the maps and further information from [GambleAware](#).

### Health Needs Assessment of Lesbian, Gay, Bisexual, Transgender and Non-binary People in Scotland

NHS Greater Glasgow and Clyde, NHS Lothian and Public Health Scotland are working in partnership to conduct a comprehensive health needs assessment of Scotland's LGBT+ population. As part of the health needs assessment an online survey is being conducted – closing 20th August 2021.

The survey asks LGBT+ (aged 16 and over) about all aspects of their health and wellbeing and the factors that are known to influence health including mental and emotional health, physical activity, eating, smoking, alcohol, relationships, social connections, income, experience of discrimination, and experiences of services.

Over the last 18 months over 180 LGBT+ people and 18 organisations have contributed to interviews and focus groups with their experiences of health and wellbeing and the project team have used their feedback to develop this survey. It takes on average 20-30 minutes to complete and participants can enter their details to a prize draw for one of four prizes.

COVID 19 has changed all our lives and this survey will help to identify how LGBT+ would like to see the health service change to better meet their needs as COVID 19 recovery progresses.

The survey will provide helpful statistical information comparing the health of Scotland's LGBT+ population to that of the general population of Scotland as well as differences within the different parts of the LGBT+ population.

On completion, the full health needs assessment results will be considered at an event to be held later in the early autumn to co-produce recommendations based on the findings with LGBT+ people and LGBT+ organisations.

This will help to ensure that the health service in Scotland is able to meet the health and wellbeing needs of LGBT+ people, not just in how it provides inclusive health services, but also in the way that ill health prevention and promotion of positive health is delivered.

- [Access and share the survey](#)

## **ScotPHN National Leadership Groups**

## Consultants of Dental Public Health (CDPH) and Chief Administrative Dental Officers (CADO)

Together the CDPH and CADO have published a position paper on the equitable remobilisation of dental services. The paper identifies areas of harm to Scotland's oral health as a result of the ongoing COVID 19 pandemic and outlines recommendations to mitigate these harms.

- [Access the paper here](#)

## ScotPHN Special Interest Groups

### Public Health Nutrition Group Updates (PHNG)

#### Food Standards Scotland – Catering Guides

'Food Standards Scotland have published a series of **sector specific healthier catering guides** to support food businesses to make small, simple changes to the food and drinks they serve to make it healthier.

The aim is to help food businesses take steps to buy, prepare, promote and serve healthier food as part of their reopening and recovery. The eight short, sector specific guides provide practical tips and advice. This will provide a good foundation for businesses to begin to make the improvements needed to support a healthier food environment.'

- [Healthier catering guides | Food Standards Scotland](#)

#### Food Standards Scotland – 5 Year Strategy

In May (2021) FSS published their 5 year strategy which continues on from the progress already begun whilst highlighting the stark reality that overall, there has been no great improvement made to Scotland's diet in 20 years. Climate change, the EU exit and COVID 19 have all been considered in adapting and improving the ambitions of FSS.

'**Healthy, Safe, Sustainable: Driving Scotland's Food Future** sets out our vision for a food environment that benefits and protects the health and well-being of everyone in Scotland.'

- [Access the strategy and accompanying video here](#)

## Children and Young People Public Health Group (CYPPHG)

## Get Into Summer – Scottish Government Summer Programme

The Scottish Government is investing £20 million in a Summer Offer for all Children and Young People to help them to socialise, play, reconnect and access a range of activities to help them recover from the pandemic and support wellbeing.

The [Summer programme](#) is focussed on supporting children and young people to reconnect during the school holidays, and contribute towards improved mental health and wellbeing. It has been informed by children and young people, with [some key themes produced by Young Scot](#). It is for children of all ages, with targeted work up to age of 25.

The investment has been designed to enhance existing summer programmes within local authorities, to remove barriers and provide some targeted support for those most impacted by the pandemic.

The summer programme is part of a wider SG commitment on education recovery and compliments a commitment to invest £1 billion to tackle the poverty related attainment gap and support education recovery over the course of this Parliament; and to recruit an additional 3,500 teachers and classroom assistants. Scottish Government are also providing £20 million of funding for a range of activities for children and young people and their families over the summer with a focus on mental health and well-being.

The Programme is currently a one-off investment to enhance Summer 2021, it is hoped that we will learn what works well, what can be improved, and identify any legacy work that can be carried forward to future holiday programmes (locally or nationally).

A national marketing campaign for the programme has been launched (radio ads, social media), with local authorities and national partners with Parent Club as the main promotional route.

- [Find out more about the Scottish Government Summer Programme](#)

## Ensuring our Children's Future – Mitigating the impact of COVID-19 on children and young people

Chaired by Eileen Scott, Public Health Scotland and Lorna Watson, NHS Fife, the CYPPHG hosted a roundtable discussion aimed to communicate and consider the cumulative impacts of COVID-19 on children and young people and identify potential, prioritised actions. The starting point was a draft discussion paper prepared by a sub-group of the CYPPHG.

The session was attended by almost 100 stakeholders from a range of settings and sectors across Scotland. The evidence and opportunities shared in discussion will inform the finalisation of the CYPPHG discussion paper which is intended for cascade and purposing as a tool to influence and inform wider discussion with wider specialist or interested partners, including our national leadership groups.

We formally thank everyone who invested their time and expertise at the session and hope colleagues will continue to engage with the final paper and national/local conversation thereafter to help facilitate collective action. The final paper will be made available soon on the [ScotPHN website](#) and shared in a future bulletin issue.

### Transport and Child Poverty

**‘Transport and Child Poverty – Beyond the pandemic’** written by Fiona McHardy and Laura Robertson, The Poverty Alliance in May 2021. This report details research commissioned by Transport Scotland to investigate the relationship between child poverty and transport.

‘It set out to explore low-income families’ experiences of public transport, specifically focused on the experiences of the six priority family groups identified in the Scottish Government’s (2018) Child Poverty Delivery Plan 2018-2022.’

- [Access the full report here.](#)

### Youth Justice vision and strategy: consultation – summary report

This Scottish Government report, summarises feedback from partners, stakeholders and children and young people on the priority areas for a new youth justice vision.

The *Youth Justice Strategy: Preventing offending: getting it right for children and young people* ran from 2015 to 2020. In order to inform a new strategy and vision for youth justice, the Scottish Government undertook a series of engagement events with key stakeholders who worked or had an interest in the youth justice system. The Children and Young People’s Centre for Justice (CYCJ) provided a short analysis of the responses received in the online survey. In addition, a series of events and conversations were held with children and young people who have had experience of the justice system.

- [Read the summary report](#)

### Justice for children and young people – a rights respecting approach: vision and priorities

This vision builds on the youth justice strategy which concluded in 2020. It represents a shared foundation between the Scottish Government and partners to continue to support the agenda to keep children out of the criminal justice system and promote the use of the Whole System Approach.

- [Read the vision and priorities](#)
- [Read the action plan towards achieving the outcomes and priorities](#)

## UNCRC Implementation Guidance Group: Terms of Reference

Terms of reference for the UNCRC Implementation: Guidance reference group.

The purpose of the working group will be to assist the Children's Rights Unit in developing guidance for public authorities and those undertaking functions of a public nature to implement the UNCRC.

- [Find out more about the guidance reference group](#)

## Pupil Equity Funding: national operational guidance 2021

An additional £20 million Pupil Equity Fund premium will support education recovery efforts for children and young people from disadvantaged backgrounds, as part of the investment of over £200 million through the Attainment Scotland Fund in 2021 to 2022.

This is being issued as a 15% uplift to the previously published 2021 to 2022 PEF allocations for schools. This provides further resource to schools to tackle the poverty related attainment gap, recognising the new and additional challenges schools and their children and young people face as a result of COVID-19.

- [Access the national operational guidance](#)
- [Access the Pupil Equity Funding Allocations 2021 to 2022](#)

## **Public Health Drugs Special Interest Group (PHDSIG)**

### Drug Medication Assisted Treatment (MAT) standards: access, choice, support

MAT is used to refer to the use of medication, such as opioids, together with any psychological and social support, in the treatment and care of individuals who experience problems with their drug use.

The '*Drug Medication Assisted Treatment (MAT) standards: access, choice, support*' paper has been published on the Scottish Government website.

'The standards provide a framework to ensure that the provision of MAT is safe, effective, acceptable, accessible and person-centred to enable people and their families to benefit from high-quality treatment and care throughout Scotland. The standards are the product of a national collaborative effort to improve access and retention in treatment.'

- [Access paper here](#)

## National Drugs Mission Funds: guidance

The First Minister [announced a new national mission](#) to reduce drug related deaths and harms in January 2021. This is supported by an investment of £50 million per year for the next five years. £18 million of this available through four funds. These funds will be available for this and the next four years.

- [Read more on the information and guidance for the National Drugs Mission Funds to reduce drug related deaths and harms.](#)

## **ScotPHN Networks**

### **Scottish Managed Sustainable Health Network (SMaSH)**

#### Climate change – adaption programme: progress report 2021

Second annual progress report on Climate Ready Scotland: Scotland's Climate Change Adaptation Programme 2019 to 2024.

- [Read the 2021 progress report](#)

#### 'Good Design for NHS Outdoor Estate'

NSS and NatureScot held a webinar in May 2021 to discuss NHS outdoor estate and greenspace. Details can be found in the links below;

- [Access the webinar recording here](#)
- [Access the Q&A document](#)

#### Green Health Prescribing Project – Briefing and Report publication

Findings from Lothian's Green Health Prescribing development project are now published. The project was designed to explore green health prescribing in Lothian: raise its profile, understand barriers and enablers, share success stories and identify what needs to be in place to embed it across the health and care system.

'Our shared hope is that by supporting people who could most benefit to connect to nature, this will address some of the health inequalities which have been exacerbated by COVID-19, strengthen communities and result in more valued green (and blue) spaces.

Working with a whole host of committed and experienced people we have developed an agreed approach to embed green health prescribing across Lothian,



represented by the five golden threads. The results are presented in the briefing and detailed report.’

- [Download, reflect on your own experience and share the briefing](#)
- [Download and share the full report widely](#)
- [Join the Lothian Green Health Prescribing Network](#)

## Scottish Health and Inequalities Impact Assessment Network (SHIAN)

### 20 years of SHIAN

SHIAN is celebrating its 20<sup>th</sup> anniversary this month. To commemorate its contribution to public health we will be issuing a series of blogs from its lead, Margaret Douglas, and SHIAN collaborators on some of the work it has undertaken and its impact, as well as considering the future of HIA in Scotland. The first will be available on [28 June 2021 on the SHIAN web area](#)

### Publications

SHIAN, the Improvement Service and the Spatial Planning for Health and Wellbeing Collaborative together organised a series of workshops from August 2020 to March 2021 to which the following three reports describe the findings, outline recommendations and research questions:

- [Argyll and Bute Indicative Regional Spatial Strategy: a 20 Minute Neighbourhood Rapid Scoping Assessment – access here](#)
- [Comparing the 20 Minute Neighbourhood and Traditional Scenarios in Edinburgh Local Development Plan: a Rapid Scoping Assessment – access here](#)
- [Ardrossan North Shore Development Framework: a 20 Minute Neighbourhood Rapid Scoping Assessment – access here](#)

## Public Health Scotland – Publications

### Foundations for the future

Public Health Scotland (PHS) has published its Delivery Plan for the year ahead, alongside its first end of year report marking the extraordinary work undertaken in what has been an unprecedented year for public health.

The End of Year report reflects the priorities set in the organisation’s Strategic Plan 2020-23. It captures how working innovatively across organisational boundaries and

doing things differently have played a crucial role in strengthening and informing Scotland's response to COVID-19 and protecting the health of people across the nation.

The Delivery Plan for 2021-24 sets out what PHS will take forward in the years to come. It outlines the next steps in delivering on our strategic priorities with the aim to reduce inequalities and see people live longer, healthier lives.

- [Read our End of Year report 2020 to 2021](#)
- [Read our Delivery Plan 2021 to 2024](#)

### Scottish Burden of Disease

'Public Health Scotland has today published research from the Scottish Burden Of Disease study (not yet peer-reviewed) which looks at the impact of inequalities in COVID-19 health loss and pre-pandemic health loss due to all-causes, due to differences in multiple deprivation.'

- [Link to pre-print server here](#)

### Healthy Housing for Scotland

PHS have published a paper '**Healthy housing for Scotland**' which sets out evidence describing ways that health and wellbeing are influenced by housing, aligning with and supporting the Scottish Governments 'Housing to 2040' strategy.

- [Access the paper here](#)
- The Healthy Homes Working Group have published a blog in relation to 'Healthy housing for Scotland', [access here.](#)

### Minimum Unit Pricing (MUP)

An analysis of alcohol price distribution data '**Evaluating the impact of Minimum Unit Pricing (MUP) on the price distribution of off-trade alcohol in Scotland**' has been published by PHS.

Karl Ferguson, Public Health Intelligence Adviser at Public Health Scotland, said "The price distribution of off-trade alcohol in Scotland in the year following the introduction of Minimum Unit Pricing reflected the 50 pence per unit price floor, and this was markedly different to the price distribution seen both in Scotland pre-MUP, and in England & Wales".

- [Access the paper here](#)

## Further Public Health Updates

### NHS Ayrshire & Arran – Health Inequalities Self-Assessment (HISA)

NHS Ayrshire & Arran have developed a self-assessment toolkit which describes the causes of health inequalities, provides details on how to complete a HISA, the HISA and a list of essential organisations to help further tackle health inequalities.

For any enquiries please contact either;

- Elaine Caldwell ([Elaine.Caldow@aapct.scot.nhs.uk](mailto:Elaine.Caldow@aapct.scot.nhs.uk)); or
- Kathleen Cooper ([Kathleen.Cooper@aapct.scot.nhs.uk](mailto:Kathleen.Cooper@aapct.scot.nhs.uk))
- [Access HISA here](#)

### Cycling Scotland Publications

'In 2020 Children in Scotland was asked by Cycling Scotland to explore children and young people's views of cycling and road safety. The project, called Changing Gears, offered 300 children and young people the chance to share their thoughts and experiences and shape future decisions about cycling across Scotland.'

- [Access Cycling Scotland's recent blog detailing the report here](#); or
- [Access the report directly here](#).

## Virtual Events and Campaigns

### NHS Scotland – Pride Badge Launch

The new Pride Badge, launched on 14 June 2021, has been designed by NHS Scotland to encourage inclusion in accessing healthcare for the LGBT+ community. NHS staff members wearing the badge, are informed on the issues faced by those who identify as LGBT+, with the badge signifying a 'safe' point of contact.

- [Further information here](#)
- [Access the pledge form and toolkit here](#)

### National Institute for Health Research (NIHR)

Collaboration opportunity and webinar – 'The NIHR is keen to enable local government to be more research active. It recognises that it needs to fund research infrastructure to enable this to happen. The NIHR's Public Health Research programme has been asked, by DHSC, to fund 5 Health Determinant Research

Collaborations in local authorities in the UK. Each HDRC will have up to £5m to spend over 5 years with the potential for ongoing funding.'

- There will be an HDRC webinar on 28 June 2021 14:00 – 15:00 which will further explain this opportunity;
- [Further information can be found here](#)
- To register for the webinar please email [phr@nihr.ac.uk](mailto:phr@nihr.ac.uk) with your name, job title, organisation and any questions you would like addressed. **Please register by 23 June 2021.**

### **ScotPHN Contact:**

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- Scottish Directors of Public Health Inbox: [phs.sdph@phs.scot](mailto:phs.sdph@phs.scot)
- National Special Interest Groups Inbox: [phs.sig@phs.scot](mailto:phs.sig@phs.scot)
- [ScotPHN website](#)

**Take care**

**Public Health Scotland- ScotPHN Team**