

ScotPHN Team Bulletin – 013

Welcome to the thirteenth ‘ScotPHN team’ bulletin.

Sometimes the number 13 is associated with bad luck, unless you are a baker of course. However, in 2020 all previous superstitions pale in comparison to the horrendous ‘luck’ the world has endured.

This bulletin merely scratches the surface of all the tremendous work being undertaken in public health and beyond. Our collective efforts and dedication to the challenge we continue to face is so very much valued. This year ScotPHN wishes for everyone to catch some restorative down time over the festive period, whether that equates to a few hours here and there or more. We sincerely hope it’s a possibility. We are also wishing everyone a peaceful festive period and a Happy New Year when the time comes.

Please read, cascade and respond [via reply email](#) - as time allows. We also welcome notification of potential content/information for future bulletins.

National Leadership Group, Special Interest Group & Project - updates & resources

Scottish COVID-19 Contact Tracing Programme

Weekly updates are now available from the Tracing Programme. Further information can be found on the [PHS website](#) or to receive weekly, Monday updates, contact PHS.COVID-19ContactTracingProgramme@phs.scot

Public Health Scotland Dashboard

Public Health Scotland publish daily updates on coronavirus figures and cases.

- [Access the data and dashboards now](#)

Public Health Scotland, Education Surveillance Programme - update

The COVID-19 Antibody Survey of education Staff (CASS) study aims to find out the proportion of people working in education in Scotland who have had COVID-19 by testing for antibodies in their blood. By testing people through the school year, we will be able to track if this is changing over time.

- [Access the CASS publication and wider education surveillance programme findings](#)

Public Health Scotland's role in preventing drug related deaths

Figures published on 15 December by National Records Scotland show that in 2019, 1,264 people lost their lives to a drug-related death (a 6% increase). This is the highest number of drug-related deaths in Scotland ever recorded, for the sixth year in a row.

Public Health Scotland promotes and develops a public health approach to preventing harms from drugs. Working in collaboration with a wide range of partners to do this, we promote inclusive, safe, effective and timely care and support for everyone affected.

- [Read more about Public Health Scotland's role](#)

Leadership for Human Rights and Health Inequalities hub launch

On International Human Rights Day, Public Health Scotland launched a [learning hub](#) focused on human rights and health inequalities. It explains the fundamental links between the right to health and the reduction of health inequalities and sets out what is required for people in a leadership role to take action to reduce inequalities. The resource has primarily been developed for NHS non-executive board members. The hub will also be of value to executives and those in senior leadership roles across public services. Other sections of the hub cover aspects of addressing health inequalities including governance, influencing and decision making.

- [Find out more and access the hub](#)

Scottish Government Coronavirus (COVID-19): school re-opening arrangements for January 2021

Guidance for schools, local authorities and parents setting out plans for a phased start to the spring term 2021. Noting that this guidance supplements the [existing Coronavirus: reducing risks in schools guidance](#) specifically to support schools and local authorities over the period from 21 December 2020 until 18 January 2021. All aspects of the existing guidance and accompanying mitigations continue to apply while schools are open.

- [Access and share the Scottish Government guidance on re-opening arrangements for January 2021](#)

Coronavirus (COVID-19): universities, colleges and student accommodation providers

Guidance for higher and further education institutions and student accommodation providers to help reduce the spread of COVID-19.

- [Access and share the Scottish Government guidance](#)

ScotPHN Networks

Scottish Managed Sustainability Network (SMASH)

Lancet Countdown: Tracking Progress on Health & Climate Change

'No continent, country or community is immune from the health impacts of climate change.'

Aligning the global COVID-19 recovery with our response to climate change offers the chance to protect health, promote a sustainable economy, and preserve our planet. Our 2020 Report tracks the relationship between health and climate change across five key domains and over 40 indicators.'

- [Download the 2020 report now](#)

Health Urban transport in the context of Covid 19 - World Health Organisation

The World Health Organisation has published the following paper: '[Supporting healthy urban transport and mobility in the context of COVID-19](#)'. It explains ways through which existing WHO guidance on physical distancing and hygiene measures can be implemented in the transport sector. It specifies what national and local governments, transport operators and commuters can do to ensure that these measures are implemented in the transport sector to guarantee the health and safety of travellers and transport workers. It also notes that governments play a key role in creating the policy frameworks for promoting safe active mobility, including through investment in safe infrastructure for pedestrians and cyclists, reallocation of public space and enforcement of road safety measures.

- [Read more](#)

Scottish Health Inequalities Impact Assessment Network (SHIAN)

SHIAN have published a new report following a recent health impacts scoping workshop on 'Working From Home'.

- [Access the scoping workshop report](#)

On the same topic, but further ahead is the following Welsh report on remote working by the Welsh Health Impact Assessment Support Unit (WHIASU) who have completed the process of the health impact assessment '[A COVID-19 pandemic world and beyond: The public health impact of Home and Agile Working in Wales - Summary Report.](#)'

You are encouraged to **share both reports** freely with your contacts and networks. And SHIAN are keen to hear from anyone who has got **Scottish data on working from home**. We hope to use this data to create a "tartanised" health impact assessment report, building upon, and referencing the Welsh report.

- share links and details on **working from home in Scotland data**: p hs.scotphn@p hs.scot F.A.O Matthias Rohe, Specialty Registrar in Public Health and/or [email Matthias directly](#)

General Updates

Build Back Fairer: The Covid 19 Marmot review

Build Back Fairer: The COVID 19 Marmot Review has been produced by the UCL Institute of Health Equity and commissioned by the Health Foundation. It is specific to England.

- [Consider the full report](#)

Poverty and Inequality Commission: framework document

A framework document has been drawn up by the Scottish Government in consultation with [the Poverty and Inequality Commission](#), setting out the broad framework within which the Poverty and Inequality Commission will operate as an independent advisory Non-Departmental Public Body ("NDPB"), created in order to support Scottish Ministers and others to reduce levels of poverty and inequality in Scotland. The framework defines key roles and responsibilities which underpin the relationship between the Poverty and Inequality Commission and the Scottish Government.

- [Read the framework](#)

Equality and Human Rights Commission

The EHRC has published its briefing for the 2021 Scottish Parliament Elections.

'We believe Scotland has the opportunity, the capability, and the will to tackle deeply entrenched inequalities and become a fairer, more prosperous and inclusive society – if that will is reflected in the next Scottish Parliament.'

- [Review the full briefing](#)

Best Start Grant: interim evaluation, Scottish Government

- [Access and share the interim Best Start Grant evaluation report](#)

NHS Education Scotland - Fetal Alcohol Spectrum Disorder (FASD)

A new FASD e-learning resource has been launched and is now available on NES.

- [Read further details on this resource from QNIS](#)

Children and Young Peoples Commissioner Scotland

This year's annual report has been published covering the period April 2019 to March 2020

- [Access the annual report](#)

Children in Scotland – Manifesto for 2021 – 26

'Launching our Manifesto for the 2021-26 Scottish Parliament, *Jackie Brock* explains why, in the wake of the pandemic, we must turn towards a wellbeing economy.'

- [Access the full details](#)

The Children's Parliament – National report

Children aged 8 to 14 across the UK took part in the 'How are you doing?' survey, via The Children's Parliament. The survey was carried out over four stages throughout 2020 (April to October) with the results now published [in this report](#).

The report seeks to understand the impact of COVID-19 and lockdown on children and to reflect and learn from those findings.

National Advisory Council on Women and Girls (NACWG) 2019 - report and recommendations: Scottish Government response

Scottish Government's Response to the First Minister's National Advisory Council on Women and Girls (NACWG) 2019 Report and Recommendation on Policy Coherence. The recommendations are challenging the Scottish Government to do more to tackle gender inequality in Scotland. The Scottish Government acknowledge that the NACWG's message is clear, 'We can and must do better.'

- [Read the Scottish Government response publication](#)

Health & Healthcare in Prison: A Literature Review 2020

NHS Highland have published the above literature review written by Dr Catherine Flanigan Public Health Speciality Registrar (ST4) in November 2019 as part of a local prison health and healthcare needs assessment.

- Find on the ScotPHN website [here](#).
- Enquiries welcome directly to [Elisabeth Smart, Consultant in Public Health, NHS Highland](#).

Rights Respect and Recovery - alcohol and drug treatment strategy: action plan 2019 to 2021 (version 2), Scottish Government

Actions, milestones and timeframes for implementing the 'Rights, respect and recovery' alcohol and drug treatment strategy.

This version provides an update to Annex 1 of the Rights, Respect and Recovery Action Plan published in October 2019. It sets out new actions as well as progress against existing actions as of December 2020. This update includes those actions which are now completed.

- [Access and share the national action plan](#) to be read in conjunction with <https://www.gov.scot/publications/rights-respect-recovery/>

Coronavirus (COVID-19) - dementia and COVID-19: action plan, Scottish Government

This national action plan sets out how we will build on our national response to the coronavirus pandemic since March 2020 and how we will continue and expand that response in 2021 to continue to support recovery for people with dementia and their carers.

- [Read and share the action plan](#)

Glasgow City Food Plan

The online consultation hosted on the Glasgow City Council consultation page is still open until 31 December 2020.

- [Respond to the consultation](#)

NatureScot Research – Scotland's Nature Agency

NatureScot have published their 'Research Report 1255' entitled 'Enjoying the outdoors- Monitoring the impact of Coronavirus and social distancing.' The research was commissioned to provide an understanding of outdoor visits and engagement with nature in Scotland during the Coronavirus crisis.

- [Read the full report](#)

Eden Project Communities – Be Kind, Reach Out and Coorie In

A new campaign has been launched to highlight the importance of kindness at the end of this most challenging year. In Scotland, we're no strangers to long, cold, dark nights! And even though this winter is surely going to be a strange one, we know that with kindness and community spirit, we'll get through it. They're asking people to remember to be kind, reach out and coorie in!

- [Full details from the Eden Project](#)

Virtual Events and Campaigns

Voluntary Health Scotland - Cross Party Group on Health Inequalities January 2021 Meeting

Join VHS for the Health Inequalities CPG January meeting on Tuesday 26th January at 6pm online via Zoom. The meeting will be chaired by Group Co-Convenor Donald Cameron MSP.'

- Sign up via [Eventbrite](#)

Children in Scotland Annual Conference – Webinars

This year's annual CIS conference was held online and is available to watch on YouTube, featuring a keynote contribution from Dr Katherine Trebeck of the Wellbeing Economy Alliance.

The conference also covers the launch of the 2021 – 26 manifesto as mentioned above.

- [Watch here now](#)

Public Health Scotland: Law Enforcement & Public Health 4 Nations Webinar series, Feb 2021

The theme is 'A celebration of public health approaches in policing and serious violence'.

Public Health Scotland are helping Police Scotland to plan one of the days. If you are involved in a project or programme that fits this theme or any of the sub-themes below and would like to contribute then please send a note of interest ASAP to: phs.strategicdevelopment@phs.scot

Overview of webinar series dates and information:

- 8th to 12th February 2021
- 3 x Sessions per day, lasting an hour each (3hrs in total per day)
 - 1: keynote and panel
 - 2: focus on a project/ partnership
 - 3: either focus on another project / partnership or series of short video clips of emerging and promising work, smaller projects

Webinar series sub-themes:

- Introduction to Public Health Approaches
- System Approaches including Leadership & Culture
- Early Interventions & Prevention
- Crisis response
- Trauma Informed Practice

The intention is follow-up the webinar series with a full conference in October 2021. If any local colleagues are interested in being part of the Scottish organising committee for the main conference in October 2021 please send any notes of interest to phs.strategicdevelopment@phs.scot no later than Tuesday 22 December.

NHS Sustainability Partnerships Webinars

Date: 21 January 2021

Time: 16:00 – 17:30

Cost: free for NHS employees

- [Further details from NHS Sustainability Partnerships](#)

Home Energy Scotland – bringing communities together via free online workshops

HES continue to offer fun, free and interactive online workshops for community groups in 2021. Expert trainers can deliver sessions tailored to your community group needs with the aim of helping communities become greener.

Topics include:

- Saving energy at home
- Travelling sustainably
- Saving water at home, delivered in partnership with Scottish Water
- Love Food Hate Waste, delivered by Energy Saving Trust on behalf of Zero Waste Scotland

Get information directly from HES on how to support your community to learn how to make more sustainable choices, lower household bills and help tackle the climate emergency.

[Email HES Partnerships directly](#) for further information on planning 2021 workshop sessions.

ScotPHN Contact:

- Misc ScotPHN correspondence and general enquiries: psh.scotphn@psh.scot
- Scottish Health Promotion Manager Inbox: psh.shpm@psh.scot
- Scottish Directors of Public Health Inbox: psh.sdph@psh.scot
- National Special Interest Groups Inbox: psh.sig@psh.scot
- [ScotPHN website](#)

Please note there will be **no** ScotPHN mailbox cover on the **public holidays** for the above generic mailboxes. We will respond to all mail on return to the office as of 05 January.

Take Care,

Public Health Scotland- ScotPHN Team