

ScotPHN Team Bulletin – 011

Welcome to the eleventh 'ScotPHN team' bulletin. Please read, cascade and respond [via reply email](#) as appropriate and as time allows. We also welcome notification of potential content/information for future bulletins.

National Leadership Group, Special Interest Group & Project - updates & resources

Scottish COVID-19 Contact Tracing Programme

Weekly updates are now available from the Tracing Programme. Further information can be found on the [PHS website](#) or to receive weekly, Monday updates, contact PHS.COVID-19ContactTracingProgramme@phs.scot

Public Health Scotland Dashboard

Public Health Scotland now have daily updates on coronavirus figures and cases, available on their [dashboard](#).

Public Health Scotland Publication

Public Health Scotland published a rapid review on 21 October 2020 '[Impact of COVID-19 disease control measures on physical activity, dietary behaviours and weight](#)'.

Dr Ross Whitehead has provided us with this brief synopsis of the findings:

- For many, there has been no perceived change in physical activity, dietary behaviour or weight owing to lockdown, however there is some indication of at least short-term decline in physical activity and dietary quality for a sizeable proportion of those studied. Negative changes may be more likely for those at risk of poorer outcomes, particularly for those who were overweight prior to COVID-19.
- The retrieved literature, however, has some fairly significant limitations – chiefly that studies largely use convenience samples, are cross-sectional and use retrospective self-report. We hypothesise that there may also be changes in what people include when reporting bouts of exercise (e.g., walking to work

or as part of typical workday may have not been considered previously, whereas deliberate efforts to get out of the house may be more likely to be considered), something we are keen to examine through further research.

- We're pointing out the need for research to fill the gaps identified. Particularly welcome would be longitudinal studies which use objective measures (e.g., sales data, accelerometry and anthropometrics) to track the ongoing impact of lockdown episodes for non-communicable disease.

[Scottish Government Coronavirus \(COVID-19\): protection levels](#)

COVID-19 protection levels set out measures that can be applied nationally or locally depending on the level of the virus across Scotland. The 5-level system will help you to understand and prepare for restrictions that might be introduced, as well as showing how and when restrictions may be lifted. This new system will be introduced from 2 November. The details of what level will apply to each part of the country will be set out before then.

Levels will be reviewed on a regular basis.

In the coming days SG will engage with local government, stakeholders, economic groups and other partners, prior to a final version of the strategic framework being debated in parliament on Tuesday 27 October.

- [Access information about the approach set out in the Scottish Government Strategic Framework document](#)

[Scottish Government – Coronavirus \(COVID19\): Scotland's Strategic Framework](#)

Scottish Government have set out their strategic approach to suppress the virus to the lowest possible level and keep it there, while we strive to return to a more normal life for as many people as possible.

- [Read and share the Scottish Government National Framework](#)

[Scottish Government - Coronavirus \(COVID-19\): review of testing strategy – 23 October 2020](#)

The review paper has been produced by the Chief Medical Officer, Chief Nursing Officer, National Clinical Director and Chief Scientists. It presents a clinical and scientific review of the Scottish Government's [COVID-19 Testing Strategy](#) in the light of the latest:

- evidence of the state of the epidemic in Scotland
- understanding of testing capacity and demand forecasts in the next three months.
- [Read and share the review paper](#)

Coronavirus (COVID-19): ONS infection survey results - 23 October 2020

The COVID-19 Infection Survey aims to establish:

- how many people test positive for COVID-19 infection at a given point in time, regardless of whether they report experiencing coronavirus symptoms;
- the average number of new infections per week over the course of the study; and
- the number of people who test positive for antibodies, to indicate how many people are ever likely to have had the infection.

The latest ONS infection survey results show that it is estimated that in the most recent two week period (03 October to 16 October), the percentage of the population in Scotland testing positive for the coronavirus (COVID-19) was 0.57% (with a 95% confidence interval of 0.35% to 0.88%). This equates to around 1 in 180 people in Scotland (95% confidence interval: 1 in 290 to 1 in 110).

- [Access the latest ONS COVID-19 infection survey results in full from the Scottish Government website](#)

What does the pandemic mean for fireworks night this year?

With organised fireworks displays cancelled due to pandemic restrictions, the risk of serious injuries is greater than ever this year. It's a combination of more people holding displays at home, often for the very first time, and the availability of discounted fireworks produced for cancelled events.

Child Accident Prevention Trust (CAPT) are offer a range of professional and public facing messages on their resources hub for communication across a range of channels including social media on preventing accidents and essential facts for buying fireworks safely and organising a safe display at home.

- [Access the CAPT Fireworks safety resources hub](#)
- [Access the Scottish Government Coronavirus Events Sector Guidance](#) (updated 21 October 2020)

Scottish Government consultation on revised National guidance for child protection

SG are consultation on a revised version of the National Guidance for Child Protection to ensure it is consistent with the legislative and policy framework and current practice developments. The current version of the National Guidance for Child Protection was published in 2014.

- [Find out more and respond to the consultation](#)

[Food Standard Scotland \(FSS\) Draft Strategy 2021-26 - Protecting Scotland in a Changing Food Environment](#)

Food Standards Scotland (FSS); the organisation charged with protecting Scotland's food safety and standards has opened a [public consultation](#) on its proposals for its new strategy for 2021-26.

The draft strategy, titled 'Protecting Scotland in a Changing Food Environment', identifies FSS's proposed key priorities for the next five years. The consultation seeks views on FSS's ambition for Scotland's food environment and its proposed approach for delivering the new strategy, focussing on five aspirational outcomes:

- Food is Safe and Authentic
- Consumers in Scotland have Healthier Diets
- Responsible Food Businesses are Enabled to Thrive
- Consumers in Scotland are Empowered to Make Positive Choices about Food
- FSS is a Trusted Organisation

- [Access the FSS consultation](#) (closing Friday 18 December 2020)

[Scottish Refugee Council \(SRC\) Strategy 2020- 2023](#)

SRC have set out their vision for Scotland as a place where all people seeking refugee protection are welcome. This includes ensuring all those seeking refuge have access to their rights (including separated unaccompanied children and young people), have their dignity respected and are given the opportunity to achieve their full potential as they rebuild their lives in Scotland.

- [Read the new SRC strategic plan](#)

[LGBT Health & Wellbeing – Annual Report](#)

The LGBT Health & Wellbeing Annual Report publication follows the recent virtual AGM. They describe how their services have significantly changed since March 2020, shifting away from in-person delivery. Regardless of the difficulties presented, a range of social programmes and support services have continued to help LGBT people keep well and stay connected. To note, this includes extension of opening hours for the [LGBT Helpline Scotland](#) and a new outreach Telefriending Service for LGBT people over 50. This year's report contains the experiences of community members who speak about the impact LGBT H&W have had on their lives.

- Read the [LGBT Health & Wellbeing Annual Report](#)
- Find details of their latest events [here](#)

ScotPHN Networks

[Scottish Health Inequalities Impact Assessment Network \(SHIAN\)](#)

Transport use, health and health inequalities: The impact of measures to reduce the spread of COVID-19

The Social and Systems Recovery (SSR) Transport Partnership group has published two papers detailing the use of transport within Scotland from 23 March – 6 September 2020.

The papers cover why transport is important for health and wellbeing; how COVID-19 influenced transport use and attitudes in Scotland from the implementation of lockdown until the beginning of September and the implications of these changes for health, wellbeing and health inequalities. They also make recommendations for actions to support future decision-making.

- [Access the papers now](#)
- [Access the Public Health Scotland statement here](#)

General Updates

BMJ Article

BMJ have published a new article on “The contribution of changes to tax and social security to stalled life expectancy trends in Scotland: a modelling study”: The article is helpful in assisting estimation of the impact of welfare reform.

- [Access the full paper now](#)

Virtual Events and Campaigns

[Joseph Rowntree Foundation – Poverty in Scotland 2020 \(webinar recording\)](#)

JRF marked the start of Challenge Poverty Week earlier in October 2020, by publishing its independent, state-of-the-nation report, [Poverty in Scotland 2020](#). This shows the forces that have been driving poverty both before and during the pandemic. JRF have worked alongside citizens with direct experience of life on a low income to develop the report, to help understand the impact of COVID-19 ‘as it happened’ and to help shape the policy directions we need to follow.

To get on course by spring 2024, Scotland’s recovery will need to prioritise people who have been caught up in waves of poverty before and during COVID-19. We can reshape our economy, housing and social security systems to work better for all of us – but it will take bold action and commitment from employers, housing and public service providers, governments and communities themselves to make it happen.

Webinar speakers include:

- [Kate Forbes MSP](#), Cabinet Secretary for Finance, Scottish Government (Keynote)
- [Dr Susan Aktemel](#), Director, Homes for Good
- [Tressa Burke](#), Chief Executive Officer, Glasgow Disability Alliance
- [Anthony Burns](#), Chief Operating Officer, Advanced Clothing Solutions
- [Deborah Hay](#), Scotland Policy & Partnerships Manager (Housing), Joseph Rowntree Foundation
- [Viana Maya](#), Founder and Talent Development Coach, pRESPECT
- [Dr Jim McCormick](#), Associate Director Scotland, Joseph Rowntree Foundation
- [Paul McNamee](#), UK Editor, The Big Issue

➤ [View and share the full virtual zoom webinar](#)

[Royal College of Physicians and Surgeons of Glasgow – Health Inequalities webinar](#)

RCGP Glasgow hosted a webinar on Health Inequalities on Tuesday 20 October, the recording, including contributions from Sir Harry Burns and Jason Leitch will be available from Tuesday 27th.

[Contact the College to access the webinar recording](#)

University College London Public Health Lecture Series

The Faculty of Population Health Sciences at University College London are undertaking the following lecture series. Four lectures are planned to be publicly available as follows:

- Social justice, health equity and Covid-19 lecture by Professor Sir Michael Marmot – [access the webinar recording](#)
- Gender and Global Health – Wed 23 September
- Health Surveillance for the Public good and the privacy challenges of new technology and data revolution – 7th October
- Vaccinations by Prof. Helen Bedford – to follow later in October

QI Connect

The QI Connect web-ex session for October will be given by Prof. Andrew Gumley, University of Glasgow on the subject 'Navigating the mental health impacts of COVID-19 on staff wellbeing and population mental health'.

Date: Thursday 29th October

Time: 3 – 4pm

[Register to attend the session.](#)

UK Gambleaware – National Gambling Treatment Service Annual Statistics

Gambleaware are hosting a webinar event to report their National Gambling Treatment Service Annual Statistics 2019/20 and to share information about the advice and support of the National Gambling Helpline. They will also describe take up of stimulus control via GamSTOP's self-exclusion service.

- [Register to attend the webinar](#)

Sustainable Food Places Webinar - Sustain

What are Local Enterprise Partnerships and how can food partnerships engage with them?

Join Sustainable Food Places for a session centred around what Local Enterprise Partnerships are, how they can support the sustainable food economy, and how food partnerships can work and engage with them.

Date: 2nd November

Time: 2pm - 3.15pm

- [Register to attend the session.](#)

Gambling Related Harm – Glasgow webinar training sessions

Fast Forward Glasgow are hosting webinar training sessions which will be delivered with GCVS Every Child Matters work, specifically for a Glasgow audience.

Title: Gambling Harms and Families for managers in Glasgow

Date: 4 November

Time: 10-12

- [Register to attend the training webinar](#)

Title: Gambling and mental health for managers in Glasgow

Date: 17 Nov

Time: 10 - 12

- [Register to attend the training webinar](#)

NHS Scotland and Friends Global Citizenship Conference 2020

This event brings together Scotland's Global Citizenship community to recognise and showcase the work of NHS Scotland staff and others to promote global health in low and middle income countries. A range of speakers from Scotland and other leading global health organisations will reflect on their learning.

- [Find out more and register for the event](#)

Glasgow Centre for Population Health - winter Seminar Series

GCPH Winter Seminar Series 17 will be delivered Dr Angela O'Hagan, Reader in Equalities and Public Policy, Glasgow Caledonian University.

Providing and receiving care and support forms part of all our lives in different ways over the lifespan. Taking a feminist economics perspective, Angela will present the findings and recommendations of the Commission on a Gender Equal Economy. Angela will discuss the gendered dimensions of the care economy, considering how care is valued and remunerated in the realities of our economic and social infrastructure.

Date: Wednesday 25th November 2020

Time: 11.00-12.00

- [Find out more and register to attend](#)

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- [ScotPHN website](#)

Stay Safe

Public Health Scotland- ScotPHN Team