

ScotPHN Team Bulletin - 009

Welcome to the ninth 'ScotPHN team' bulletin. Please read, cascade and respond via reply email as appropriate and as time allows. We also welcome notification of potential content/information for future bulletins.

National Leadership Group, Special Interest Group & Project - updates & resources

Scottish COVID-19 Contact Tracing Programme

Weekly updates are now available from the Tracing Programme. Further information can be found on the PHS website or to receive weekly, Monday updates, contact PHS.COVID-19ContactTracingProgramme@nhs.net

Scottish Government - UN Convention on the Rights of the Child

The Equalities and Human Rights Committee opened its call for views on the United Nations Convention on the Rights of the Child (Incorporation) (Scotland) Bill on 7 September 2020. You can submit your views to the Committee via the submission form, accessed here.

For any further information on the specific bill or the team please email UNCRCIncorporation@gov.scot

The call for written views will close at 5.00 pm on Friday 16 October 2020.

Scottish Government: Scotland's Road Safety Framework to 2030

'The Scottish Government is now consulting on an ambitious Road Safety Framework for the next decade. The Road Safety Framework to 2030 sets out a compelling long-term vision for road safety, Vision Zero, where there are zero fatalities and injuries on Scotland's roads by 2050.'

Access the consultation here.

<u>Scottish Government: Research reports – COVID-19 Impacts</u>

'Evidence from consultation based research about changes to organisations' work during the pandemic and the impact of the pandemic on a range of themes including



economic security, social interactions and loneliness, community cohesion, safety, trust in government, and skills, learning and development.'

Access the report here.

'This report contains the findings from a telephone survey commissioned by Scottish Government to better understand the impact of the COVID-19 pandemic on people in Scotland.'

Access the report here.

Public Heath Scotland Research Report

Public Health Scotland developed a survey to find out how children in Scotland aged 2–7 years have been affected by COVID-19. The survey covered the following themes: key behaviours; children's play and learning, use of outdoor spaces and social interactions; and the experience of parents and carers during COVID-19 in Scotland.

Access the report here.

Suicide Prevention

Launch of New Visual Identity and Suicide Prevention Campaign on 10 September 2020

<u>'United to Prevent Suicide'</u> has launched 'United to Prevent Suicide is a new unifying identity for suicide prevention in Scotland. It marks a new approach to preventing suicide as set out in Scotland's National Suicide Prevention Action Plan.'

See the <u>website</u> for full details and get involved.

Public Health England

PHE have published a report 'COVID-19: mental health and wellbeing surveillance report'

To access please click here.

PHS Publication

Monitoring and evaluation of primary care in Scotland - the baseline position has been published by Public Health Scotland.

'The report aim was to provide a baseline position and trend information to support the monitoring and evaluation of primary care reform in Scotland. It also aimed to



highlight existing gaps, and issues, with data and evidence, to illustrate where future analytical efforts are required to support the national evaluation.'

ScotPHN Networks

SMaSH

Some interesting reports on the environment and the health implications have been published by the UK Government. Please find the reports:

- Research and analysis **State of the environment: health, people and the environment** (Updated 8 September 2020) here; and
- Independent report Chief Medical Officer annual report 2017: health impacts of all pollution here (as an accompaniment, published in 2017).

General Updates

Food Standards Scotland

FSS have been working to safeguard Scotland's high food safety and consumer protection policies ahead of Brexit. Working alongside Food Standards Agency, DEFRA, DHSC to name a few, FSS are currently developing a 'UK risk analysis processes for food and feed safety'.

In addition to this FSS have undertaken some research into the eating and hand washing habits of Scots during lockdown.

<u>Click here</u> for full details and more info on what FSS are doing.

Home Energy Scotland

HES published a report in June that found 58% of Scots were concerned about rising energy costs, associated with being at home more during lockdown. The full report can be accessed here.

If you or anyone would be interested in receiving HES newsletters please follow this <u>link.</u>

Royal College of Physicians Edinburgh

The RCPE has begun to create an archive of advice materials used in the current pandemic, focusing on the impact this has had and continues to have on the



population. They have asked for any <u>third sector organisations</u> with 'printed promotional material or other documentation (videos, written guidance etc.)' who are willing to donate to get in touch.

Please contact RCPE Archivist

Mental Health

The Scottish Recovery Network has collated the experiences and insights of the public, particularly those with mental health issues, on staying mentally well during the COVID-19 pandemic.

A report, podcast and animation can all be accessed here.

Inequalities during COVID-19

The Glasgow Disability Alliance has published a report 'Supercharged: a Human Catastrophe - Inequalities, Participation and Human Rights, before during and beyond COVID19' that combines the voices and lived experiences of those who have been disproportionally adversely affected throughout the pandemic and subsequent lockdown.

The full report can be accessed here, with alternative formats available on request.

Shared by Kate Burton

'Colleagues, please see links below to the latest resources developed to support the development and implementation of Welfare Advice/Money Advice and NHS Partnerships. These partnerships tackle health inequalities, improve health & well-being and enable clinicians to carry out their roles more effectively.'

Latest WAHP resources

1. Handbook for Health Care Professionals

"Money Worries - In Sickness and in Health"

A short handbook explaining the CARE approach and what to do if patients raise concerns about money worries. For use in a variety of settings including: general practice; midwifery; health visiting and occupational therapy: Money Worries Handbook



2. Welfare Advice & Health Partnerships: Improving Mental Health & Well-being in Primary Care and Community Mental Health

A paper explaining the role of WAHPs in improving mental health and well-being, tackling health inequalities and improving clinical care: WAHP and Mental Health Services

3. Postcard "Welfare Advice and Health Partnerships – Facts and Impacts"

Postcard containing key points of the WAHP model and the benefits offered to healthcare professionals and patient: <u>WAHP postcard</u>

4. Bulletin

A bulletin explaining the development of WAHPs and how they operate. It outlines the benefits to healthcare professionals, patients, advice agencies and funders. It also covers the role of the WASF and current developments in the roll-out of WAHPs: WAHP Bulletin

5. Briefing "Welfare Advice and Health Partnerships in Scotland – General Practice":

A briefing paper covering the context, development, delivery, effectiveness and impact of WAHPs It also illustrates the referral pathway adopted by WAHPs and how it benefits both service users and providers: WAHP Briefing

RoSPA

The <u>latest news from RoSPA</u> focuses on the release of their injury pyramid.

Top tips for safe and healthy activity during the pandemic

'Health and Social Care Partnerships (HSCP) in Perth and Kinross and Argyll and Bute have produced handy, printable leaflets with top tips on staying healthy and safe:

- Perth and Kinross HSCP Get Fit, Active & Well with Live Active Leisure is available here
- Argyll and Bute HSCP Five Tips for Staying Active is available <u>here</u>.

Virtual Events

Home Energy Scotland

HES are hosting free online workshops to help communities become greener. Topics covered can range from sustainable travel, saving water and saving energy at home, with sessions tailored to suit individual communities.

To book please email HES_Partnerships@est.org.uk



Voluntary Health Scotland

VHS are holding a Cross Party Group on Health Inequalities: October Meeting & AGM 13 October 2020 on 13 October 2020 via zoom. To join please follow this link.

Then a few weeks later their annual conference will take place on 4 and 5 November 2020, formatted into 4 sessions. Where 'you'll have the opportunity to listen, share ideas and thinking, network and discuss. It is one of the leading health events in Scotland, bringing together stakeholders from across the third and community sectors, Public Health Scotland, NHS, national and local government, other public bodies, and academia.'

To register click here.

RoSPA

RoSPA continues to run free online webinars. Their autumn programme includes:

- Preventing falls in the home 30th September
- Halloween and firework safety 21st October
- Inequalities and unintentional injuries a webinar for practitioners November
 17th
- Carbon monoxide safety 25th November
- Keeping kids safe this Christmas 8th December

You may sign up to any of these events here.

ScotPHN Contact:

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- Scottish Health Promotion Manager Inbox: phs.shpm@nhs.net
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- National Special Interest Groups Inbox: phs.sig@nhs.net
- ScotPHN website

Stay Safe

Public Health Scotland- ScotPHN Team