ScotPHN Team Bulletin – 007

Welcome to the seventh 'ScotPHN team' bulletin. Please read, cascade and respond [via reply email](#) as appropriate and as time allows. We also welcome contributions of potential content/information for future bulletins.

ScotPHN Staffing update

ScotPHN has recently been joined by Matthias Rohe, a native German who has been enjoying the Glasgow life for the past 11 years. As a Registrar in Public Health, Matthias is working with the [Scottish Health Inequalities Impact Assessment Network](#) (SHIIAN) researching on a Health Impact Assessment (HIA) on working from home. Matthias is also a qualified GP who has been working part time with NHS Lanarkshire during the pandemic in a COVID-19/Community Assessment Unit, clinically assessing those who are displaying symptoms of the virus. Be sure to give Matthias a warm 'Hello!' or 'Hallo!'

National Leadership Group, Special Interest Group & Project - updates & resources

Scottish COVID-19 Contact Tracing Programme

Weekly updates are now available from the Tracing Programme. Further information can be found on the [PHS website](#).

➢ Receive weekly updates by emailing: [PHS.COVID-19ContactTracingProgramme@nhs.net](#)

National Institute for Health Research (NIHR) - Public Health Research Prioritisation Committee

An opportunity to join the [NIHR](#) PHR Prioritisation Committee has arisen. NIHR welcome applications to the following roles:

- [https://www.nihr.ac.uk/vacancies/seniorexperienced-representatives-from-uk-based-local-authorities-and-public-bodies-ref-phrpc2003/25420](#)
- [https://www.nihr.ac.uk/vacancies/seniorexperienced-representatives-from-the-uk-voluntary-and-charity-sector-ref-phrpc2004/25421](#)

➢ Further enquiries via email to: phr@nihr.ac.uk

The Implications of Poverty on Health, Pre and Post COVID-19

The Health Foundation have published new analysis exploring the impact of income on health, highlighting that:

- members of our society in the bottom 40% of the income distribution are almost twice as likely to report poor health, compared with those in the highest 20%;
- those in working lower-income households are at greater risk of unemployment and income loss as the government's Job Retention Scheme winds down; therefore
- the future economic consequences of COVID-19 may be more severe and prolonged for those who are least financially equipped to weather the storm, risking an additional long-term burden on their health.

The analysis explores the nature of the economic shocks experienced in recent years, including those stemming from COVID-19, and the potential consequences for people's health.

➢ Access the report now.

Learning from the community link worker early adopters – Public Health Scotland

The primary aim of this study was to contribute to an understanding of the implementation and delivery of link working in five early adopter sites (Dundee, Glasgow, Inverclyde, Edinburgh and North Ayrshire) and to capture learning to help inform ongoing delivery and potential wider roll-out of this and other similar models of care and support.

Access the report now: http://www.healthscotland.scot/publications/learning-from-the-community-link-worker-early-adopters

Child poverty - lone-parent families with dependent children briefings

Reducing child poverty in lone-parent families is possible and desirable. PHS has published new resources looking at child poverty and lone parent families with dependent children. These resources include recommendations for the UK Government, Scottish Government, local government and Health Boards.

The briefing notes include:

- A briefing on lone parents with dependent children in Scotland.
- A briefing on Covid-19 and lone parents with dependent children

- Access the briefings now: http://www.healthscotland.scot/population-groups/children/child-poverty/child-poverty-overview/lone-parents

Challenge Poverty Week Scotland - 7 week count down

The Poverty Alliance have produced a range of resources to help you support Challenge Poverty Week 2020. The resources include:

- A CPW toolkit – by email request: suzi.murning@povertyalliance.org;
- **Get Involved Meeting**: join the meeting on 27 August, to learn and discuss making CPW as impactful as possible. Find out more details and sign up here;
- **121s**: if you aren't sure what you can do for CPW or would like to talk through your plans, get in touch with The Poverty Alliance Campaigns Officer.;
- **Media and communications**: Please let us know if you would like to be part of our CPW media and communications briefing by Monday 24th August; and
- **Online calendar**: you can upload details of your CPW activity, whatever it may be, to our online CPW calendar. If your event is on the calendar we can promote it on social media.

Suicide Reporting Toolkit – For Journalists and Journalist Educators

Reporting suicide responsibly requires sensitivity and compassion. Our journalism has the potential to cause harm to vulnerable people if we do not report suicide responsibly and ethically. This new toolkit offers practical resources for both journalists and journalism educators to make sure we do just that.

Created by Dr Ann Luce (Bournemouth University) and Dr Sallyanne Duncan (University of Strathclyde), the Responsible Suicide Reporting model enables journalists–and journalism students–to make ethical decisions about their storytelling whilst under pressure from various news processes. It embeds global media reporting guidelines on suicide—World Health Organisation (WHO), Samaritans, Independent Press Standards Organisation (IPSO), National Union of Journalists (NUJ) and Society for Professional Journalists (SPJ)—within journalism practice and functions within the storytelling process so journalists can question their choices as they produce content.

Read the WHO Guidelines on Reporting Suicide: http://www.who.int/mental_health/suicide-prevention/resource_booklet_2017/en/

- Access the Toolkit now: **http://www.suicidereportingtoolkit.com/**

<u>Supporting people through Recovery and Rehabilitation during and after the Covid-19 Pandemic</u>

Scottish Government have published a strategic framework with overarching principles and high-level recommendations, which inform and shape the provision of rehabilitation and recovery services across Scotland for the coronavirus (COVID-19) period and post coronavirus (COVID-19).

➢ Access the Framework now: https://www.gov.scot/publications/framework-supporting-people-through-recovery-rehabilitation-during-covid-19-pandemic/

<u>Health and Sport Committee call for Views: How has Covid-19 impacted on social care and support at home in Scotland?</u>

The Scottish Parliament has launched a call for views on how the COVID-19 pandemic has impacted on social care services at home. Having previously paused work to explore how social care could work differently in the future, this will now resume to examine social care further, exploring how lessons learned can be applied in the future to improve social care systems and delivery in Scotland.

The Committee has received submissions from a range of people in the context of care homes during the pandemic and now wants to hear from those who provide or have received social care at home.

➢ Submit your views by Monday 7 September 2020: **Citizen Space**.
➢ Access the Easy Read version of call for views

The call for views is also available in an easy read version.

Experiences shared will be added to evidence and insights already gathered and will be used to support the Committee's formal sessions in October and November 2020.

➢ Contact the Health & Sport Committee Clerks: HealthandSport@parliament.scot

<u>Diet, Physical Activity and Healthy Weight – Key Messages update</u>

Public Health Scotland (PHS) are regularly updating our key messages to support the public during the COVID-19 restrictions. The latest versions of Diet, Physical Activity and Healthy Weight messages can be viewed at:

Physical Activity: http://www.paha.org.uk/Feature/covid-19-physical-activity-key-messages

Diet and Healthy Weight: http://www.paha.org.uk/Feature/covid-19-diet-and-healthy-weight-key-messages

➢ For further information or PDF versions, email: markmcverry@nhs.net

Virtual Sessions

Active Global Citizenship

Imagining Better Futures: Global Citizenship within NHS Scotland, Taking Action for a Just and Sustainable World

Date: Thursday 27th August

Time: 18:00 – 20:00 BST

➢ Access further information and register via the ScotPHN website.

Community Empowerment (Scotland) Act for community-led health organisations and the wider community sector across Scotland

CHEX are delivering an online workshop on the Community Empowerment Act and how to make use of it. Community organisations and other groups they work with can make use of the Act in order to take forward the sorts of things they want to do.

The workshop will provide a general overview and introduce:

- how to make a participation request to have discussions with public bodies about improving services;
- asset transfer requests and community right to buy land and buildings; and
- requirements under the Act for community planning partnerships.

Date: Wednesday 9th September 2020

Time: 10am-12am

➢ Register to attend via zoom link:
https://www.chex.org.uk/news/article/2020/8/3/getting-in-on-the-act-online

World One Health Congress – virtual edition

COVID-19 has clearly shown why One Health, the core of which is the recognition of the existential interconnectedness of humans, animals and their shared environment, is key to ensuring the healthy and sustainable future of the planet. Responding to

pandemic threats requires global cooperation and global participation. Combined with the growing globalization of health risks and the importance of the human-animal interface in the evolution and emergence of pathogens, the only solution is a One Health approach.

Date: 30 Oct – 03 Nov 2020

➢ Visit the 6th [World One Health Congress website](#)

Voluntary Health Scotland – Forthcoming Events

Details about future events can be found on VHS website.

➢ Queries to – [Lauren Blair, VHS](#).

ScotPHN Contact:

- Misc. ScotPHN correspondence and general enquiries: phs.scotphn@nhs.net
- Scottish Health Promotion Manager Inbox: phs.shpm@nhs.net
- Scottish Directors of Public Health Inbox: phs.sdph@nhs.net
- National Special Interest Groups Inbox: phs.sig@nhs.net
- [ScotPHN website](#)

Stay Safe, Stay Informed

Public Health Scotland- ScotPHN Team