



ScotPHN Team Bulletin – 002

Welcome to the second in our new weekly 'ScotPHN team' bulletin series.

We shared an email a couple of weeks ago outlining a new protocol for the exchange of ScotPHN team communications. We indicated that all non-COVID and non-priority communications (according to our defined criteria) will be shared in this new single 'bulletin style' weekly email.

Please read, cascade and respond [via reply email](#) as appropriate and as time allows. We also welcome notification of potential content/information for future bulletins.

ScotPHN Team News

ScotPHN email contact addresses:

- As a reminder (following update in last week's bulletin update) our generic mailbox addresses have changed. Please update your outlook contacts as follows:
 - Misc ScotPHN correspondence and general enquiries: p hs.scotphn@nhs.net
 - Scottish Health Promotion Manager Inbox: p hs.shpm@nhs.net
 - Scottish Directors of Public Health Inbox: p hs.sdph@nhs.net
 - National Special Interest Groups Inbox: p hs.sig@nhs.net

ScotPHN staffing update

- This week we'd like to introduce two team members who are currently providing project support as visiting workers with the ScotPHN team at Public Health Scotland.

- Kalonde Kasengele, Specialty Registrar in Public Health

Until recently, Kalonde was leading an audit of Board Annual Operating Plans on behalf of the Scottish Directors of Public Health amidst support to a range of other ScotPHN projects. More recently Kalonde is providing support to our Gambling Related Harms Project Team and to the wider work of ScotPHN on CoVID response and recovery.

- Anna Cunningham, Interim Public Health Researcher

Anna joined ScotPHN in late 2019 majoring on a national ME-CFS Health Needs Assessment. Anna continues to progress the research aspects of this work so far as possible at present. In addition, Anna is now also providing support for wider response and recovery work within the team.

National Leadership Group, Special Interest Group & Project - updates & resources

Improvement Service-Coronavirus: Considering the Implications for Child Poverty

- The Improvement Service have published a paper considering the implications of coronavirus for children living in the grip of poverty. The paper supports local authorities and health boards to consider what steps they can take to respond effectively.

Access the paper:

https://www.improvementservice.org.uk/_data/assets/pdf_file/0026/17369/COVID-19-and-children-young-people.pdf

COVID-19: Community Food and Health

- Scottish Government Community Food Organisation - Wellbeing Fund

Community organisations looking for funding to support their food activities at this time should register an expression of interest to the Wellbeing Fund. The first round closes at midnight Sunday 19th April. Registration takes 2 minutes:

<https://scvo.org/support/coronavirus/funding/scottish-government/wellbeing-fund>

- How are Community Food Initiatives (CFIs) responding to Covid-19?

On behalf of Public Health Scotland, Community Food and Health (Scotland) are reporting on how CFIs and agencies are trying to ensure that people in communities have access to the food services they need. Read more about the CFI response here:

<https://e-news.graphics.coop/t/ViewEmail/y/F9AC4049C25D7B31/103A07A4F97ADFF5405DC10595964AA8>

Enquiries to: phs.healthscotland-CFHS@nhs.net

National Diet, Physical Activity and Healthy Weight – Key Messages

- In collaboration with stakeholders, Public Health Scotland (PHS) have developed key messages to support the public on diet, physical activity and healthy weight during the COVID-19 restrictions. They focus on encouraging and enabling people to maintain good nutrition, eat as healthily as possible and be active at this time. Copies aren't yet online, but available by contacting the Diet, Physical Activity and Healthy Weight team as below.

The aim of these messages is primarily to support requests from agencies wishing to add wellbeing messages to their communications at this time. PHS will continue to monitor and update them as things progress.

PHS recognise the great work being undertaken locally and welcome appropriate input from those working on messaging.

Enquiries and request for copies of the PHS Key Message documentation or other information sharing- Claire Hislop, Organisational Lead – Diet, Physical Activity and Healthy Weight: claire.hislop@nhs.net

Addressing Obesity in Stevenage, Hertfordshire: a consultation with Young People

- Access the whole systems approach report summary from a consultation funded by the National Institute of Health Research (NIHR) Applied Research Collaboration East of England (ARC EoE) programme: <https://www.clahrc-eoe.nihr.ac.uk/wp-content/uploads/2019/12/Childhood-obesity-in-Stevenage-report.pdf>

Scottish Community Safety Network - Covid19 briefings

(**Hyperlink corrections from previous bulletin publication**)

- SCSN have developed briefings on the potential impacts on Human rights, Domestic Abuse and Drugs and Alcohol and a new and regularly updated [COVID-19 resources webpage](#).
 - Safer Communities Scotland [Coronavirus legislation and Human Rights briefing](#)
 - Safer Communities Scotland [Coronavirus and Domestic Abuse briefing](#)
 - Safer Communities Scotland [Drugs and Alcohol briefing](#)

Enquiries to: Lorraine.Gillies@scsn.org.uk

National Wellbeing Hub – Health and Social Care Services

- A new national digital wellbeing hub has been launched to enable staff, carers (including unpaid carers), volunteers and their families to access relevant support. The hub provides self-care and wellbeing resources designed to aid resilience as the whole workforce responds to the impact of coronavirus (COVID-19). It is the first of its kind in the UK created with trauma and other specialists to complement the current national public facing [‘Clear Your Head’ campaign](#).

Specifically tailored to support those in health and social care, the hub provides advice on self-care and personal resilience to help users recognise their own ‘warning signs’.

Comprehensive information about services and resources available at national and local level within NHS Boards, Health and Social Care Partnerships (HSCPs) and Local Authorities will also be available. More background information can be found here: <https://www.gov.scot/news/unique-support-for-health-and-social-care/>

Access the National Wellbeing Hub now: <https://www.promis.scot/>

Enquiries via: Shirley.windsor@nhs.net

Supporting Communities Safely: Advice for community groups, organisations and volunteer networks

➤ In towns and villages across Scotland, community organisations and volunteers are fighting COVID 19. A new free online resource from Public Health Scotland and the Scottish Community Development Centre is designed to help them do this as safely as possible. The advice helps you think about breaking the chains of potential infection from the store to the door, including reducing the risks of indirect transmission of the virus on packaging or other forms of contact when supporting people in their homes. It includes a range of practical information and advice, such as:

- How to safely promote an organisation's services
- Keeping volunteers safe and fit to provide services
- How to get help with complex care needs
- Safely collecting and delivering items
- How to cook and transport hot meals

View the resource here: <https://www.scdc.org.uk/supporting-communities-safely>

Enquiries to: sam.jordan@scdc.org.uk

Alcohol Focus Scotland (AFS) licensing update – May 2020

➤ AFS have been making contact with licensing stakeholders working across Scotland, to get a sense of current activity and any emerging issues. They have produced a [licensing update](#) to round-up intelligence gathered so far.

Access the May update: <https://www.alcohol-focus-scotland.org.uk/media/440016/licensing-update.pdf>

Enquiries to AFS: Rebecca.Sibbett@alcohol-focus-scotland.org.uk

Health Economics Research Unit (HERU) – April 2020 newsletter

- The April 2020 newsletter from the Health Economics Research Unit (HERU) at the University of Aberdeen has been published. The newsletter reflects on the relevance of some of their recent COVID-19 pandemic research and highlights studies around employment insecurity; individual and community values; and ICU decision making. It also considers some of the workforce planning issues facing the NHS.

Enquiries to: l.innes@abdn.ac.uk

Association of Directors of Public Health News

- The Association of Directors of Public Health circulate regular news updates. Find the latest news from ADPH here: <https://mailchi.mp/82ccc5c5c97d/adph-brieph?e=9d13baa341>

Enquiries to ADPH: Teresa.grandi@adph.org.uk

Scottish Parliament COVID-19 Committee – Call for Views

- The Scottish Parliament Covid-19 Committee would like to hear your views on the options for refining or reducing the current lockdown arrangements. The closing date is **Friday 29 May**.

The call for views will appear on the website committee webpages:

<https://www.parliament.scot/parliamentarybusiness/CurrentCommittees/114991.aspx>

Please note that in most cases written submissions will be published on the Scottish Parliament's website and may be quoted in the Committee's report or in Committee meetings (which are public and broadcast).

Enquiries to Assistant Clerk to Covid19 Committee: Clare.Hawthorne@parliament.scot

Recruitment

NHS Lanarkshire

- Health Improvement Team Leader: Green Health & Weight Management (Permanent / Full Time / Band 7 / Closing Date: 27 May 2020)

Application: <https://jobs.scot.nhs.uk/Details.aspx?vacNo=612426>

Enquiries to: Vicki Trim, Senior Health Improvement Manager (Green Health Partnership),
Mob: 07929 022 415

Virtual Sessions

- UK Environmental sustainability in healthcare - drivers for change, incentives and measurement, and priorities for the NHS
Westminster Health Forum policy conference online- Thursday, 2nd July 2020

Conference Info: <https://www.westminsterforumprojects.co.uk/book/environmental-sustainability-in-healthcare-20>

The Food Foundation - Food insecurity in households with children during Covid-19

- The Food Foundation recently hosted a webinar on 'Food insecurity in households with children during COVID-19.' The webinar shared insights and expertise from speakers including **Rachel Loopstra** - King's College London, **Helen Barnard** - Joseph Rowntree Foundation and **Niall Cooper** - Church Action on Poverty.

The full webinar is now available via [zoom recording](#) (open access) with accompanying [data visualisations and policy recommendations](#).

Contact The Food Foundation:

- to use their research or are interested in further analysis of their data
- to share case studies or evidence on the impact of Covid-19 or government measures in relation to access to food
- to sign up for Covid-19 food security work updates
<https://foodfoundation.org.uk/covid-19-tracker-form/>

Enquiries to: office@foodfoundation.org.uk

COVID-19 and Tobacco: Integrating communicable and non-communicable disease responses

- The ninth webinar in the Usher Institute, University of Edinburgh COVID-19 series takes place on Thursday 21 May, 10:00-11:00 (UK) focusing on COVID-19 and Tobacco with the following programme:
 - Introduction - Linda Bauld
 - The association between Covid-19 and smoking - Lion Shahab
 - Cessation and Covid-19 - Kamran Siddiqi
 - Need to strengthen tobacco control policies in the time of Covid-19 and LMIC perspective - Monika Arora
 - Tobacco industry influence extending via Covid19 - Tom Hird

Register to attend the webinar via Zoom: <https://edin.ac/2Wfmqk6>

Or follow along via the YouTube live stream/watch again later: https://youtu.be/D-d_IKvI_IQ

Enquiries to: usher.communications@ed.ac.uk

Stay Home, Stay Safe,

Public Health Scotland- ScotPHN Team