

## **ScotPHN Team Bulletin – May 2021**

Welcome to the sixteenth ‘ScotPHN team’ bulletin.

Please read, cascade and respond [via reply email](#) as appropriate and as time allows. We also welcome notification of potential content/information for future bulletins.

### **Key National Covid-19 updates:**

#### **Public Health Scotland (PHS) Covid-19 Dashboards**

Public Health Scotland continue to regularly update Covid-19 data and intelligence

- Access the data and intelligence via the PHS [dashboards](#).

#### **Health years lost due to COVID-19: findings from the Scottish Burden of Disease study**

The Scottish Public Health Observatory (ScotPHO), part of Public Health Scotland (PHS), has published research from the latest Scottish Burden of Disease study (not yet peer-reviewed) which looks at the impact of COVID-19 on the population’s health in 2020. This was measured using disability-adjusted life years (DALYs) which represent the number of years lost to premature mortality and ill health, compared to aspirational health.

- [Read more about the study and view the full report on the ScotPHO website](#)

#### **Vaccine uptake by ethnicity**

Public Health Scotland introduced data on vaccine uptake by ethnicity and by deprivation, in their Weekly COVID-19 Statistical report as of late March. Early data shows that vaccine uptake remains high across the population, but in specific minority ethnic groups it is lower than for white population groups.

- Access the full analysis of COVID-19 Vaccine uptake by ethnicity and deprivation, via the PHS [Weekly COVID-19 Statistical report](#)

#### **Coronavirus (COVID-19): state of the epidemic - 23 April 2021**

This Scottish Government report brings together the different sources of evidence and data about the coronavirus epidemic to summarise the current situation, why we are at that place, and what is likely to happen next.

- [Read the Scottish Government report](#)

### Covid-19 Support Study – Overview

Overview of research undertaken by Scot Cen Social Research on behalf of the Scottish Government into the 10 day self-isolation period of cases, contacts, and international travellers during COVID-19.

Scot Cen carried out a mixed mode study of adults asked to self-isolate by Test and Protect either because they tested positive for COVID-19, were in contact with someone that tested positive for COVID-19 or recently arrived into Scotland from outside the UK.

The study aims to find out:

- how much do people know about the self-isolation requirement and the support offer available to them
- what do they think about what they're being asked to do and how motivated are they to do it
- what are they actually doing – in terms of adherence but also in terms of accessing support during isolation

- [Read more about the study and access the overview report](#)

### Coronavirus (COVID-19): calculating physical distancing capacity in public settings

Scottish Government guidance on how to work out the maximum number of people who can physically distance within a public setting including businesses, places of worship and public events. New elements of this guidance are effective as of 17 May.

- [Access and share the guidance](#)

### Test and Protect – collection of customer and visitor contact details: guidance – April 2021 update

Updated multi-sector guidance from Scottish Government, to support customer and visitor data gathering for businesses and other establishments to assist contact tracing as part of NHS Scotland's Test and Protect system.

- [Access and share the guidance](#)

UCL Academic Research – helping Transport for London reduce London Bus Driver mortality

The Health Equity Institute (Marmot) have published a study on London Bus Driver mortality from Covid19.

- [Read more on the academic study and changes making buses and workplaces safer](#)

## **ScotPHN National Leadership Groups**

Reducing poverty through welfare advice services in GP practices

In late March, the Scottish Government's announced funding for dedicated welfare advice services in 150 GP practices across Scotland. Public Health Scotland (PHS), the Scottish Public Health Network (ScotPHN), on behalf of the Scottish Directors of Public Health, and the Improvement Service are collaborating to develop and deliver these Welfare Advice and Health Partnerships launching in September 2021.

The Welfare Advice and Health Partnerships funding will help address the health impacts of money and housing insecurity in some of Scotland's poorest areas.

- [Read the Scottish Government's funding announcement for Welfare Advice and Health Partnerships](#)

Transforming the public health system: reforming the public health system for the challenges of our times

UK Government Department of Health and Social Care report on learning from what works and what needs to change in public health to enable a public health system fit for the future.

- [Read more on the UK Government insights](#)

New UK Office for Health Promotion to drive improvement of nation's health

The new UK Government Office for Health Promotion will lead national efforts to improve and level up the health of the nation by tackling obesity, improving mental health and promoting physical activity.

- [Access the 29 March UK Gov press release](#)

### National Centre for Sustainable Delivery (CfSD), Annual Work plan (2021/22)

The CfSD work plan sets out a key set of actions and principles that the Centre will work to over the next year to support recovery from the pandemic. There will be significant engagement with local and national boards and key partners as this work develops and evolves and is very much the start of a journey towards delivering a first class health and social care service.

- [Read the CfSD Annual Work plan](#)

### COSLA – Elected Members Monthly Briefing

This month's Elected Members Briefing (EMB) from COSLA includes:

- Scottish Parliament 2021 Election guidance
- Update on continued administration of self-isolation support grants
- [Access the April 2021 briefing](#)

## **ScotPHN Special Interest Groups**

### Poverty and Income Inequality in Scotland 2017-20 –

This Scottish Government National Statistics publication (25 March 2021) presents three-year averaged estimates of the proportion of people, children, working-age adults and pensioners in Scotland living in poverty, and other statistics on household income and income inequality. These estimates are used to monitor progress in reducing poverty, child poverty and income inequality.

- [Access the report data and trend information](#)

### The Cost of Learning in Lockdown Report: Child Poverty Action Group Scotland

CPAG Scotland have conducted research on the impact of lockdown on children's experience of learning this year. They have undertaken surveys and interviews through the national cost of the School Day programme, gathering the experiences of 1,122 parents and carers and 649 children and young people in Scotland, with an emphasis on the experiences of low-income households.

- [Read the full report and share the key findings and recommendations](#)

### Best Start Grant and Best Start Foods: high level statistics to February 2021

This Scottish Government publication provides information on applications and payments for Best Start Grant from 10 December 2018 to 28 February 2021 and on applications and payments for Best Start Foods from 12 August 2019 to 28 February 2021.

- [Access the national statistics](#)

### Scottish Welfare Fund statistics: update to 31 December 2020

Scottish Government publication of information on the Scottish Welfare Fund to 31 December 2020

- [Access the national statistics](#)

### Nutritional Requirements for Food and Drink in Schools (Scotland) Regulations 2020:

- [children's rights and wellbeing impact assessment](#)
- [equalities impact assessment](#)

Assessments carried out on behalf of the Scottish Government to ensure children's rights and welfare, and equalities, were considered during the development of the Nutritional Requirements for food and drink in schools (Scotland) Regulations 2020.

- [Access the children's rights and wellbeing impact assessment](#)
- [Access the equalities impact assessment](#)

### How has lockdown changed our relationship with nature – ONS England

More than a year on from the first national lockdown in spring 2020, ONS England report how people's perception of nature changed during the pandemic and whether this is likely to continue as restrictions ease.

- [Read more from ONS England](#)

### Patient Safety Commissioner consultation

The [Patient Safety Commissioner consultation](#), which is running until 28 May 2021. Responses to this consultation will help to determine what the Patient Safety Commissioner role will look like in Scotland, and how it will support patients and members of the public to make their voices heard in relation to patient safety issues.

## ScotPHN Networks

### Scottish Managed Network for Sustainability in Health (SMaSH)

#### 20 minute neighbourhoods in a Scottish context

'20 minute neighbourhoods' are places that are designed so residents can meet their day-to-day needs within a 20 minute walk of their home; through access to safe walking and cycling routes, or by public transport.

- [Access the full report](#)

#### CoMoUK annual bike share users survey

The Scottish Bike Share Survey is a key tool for understanding the impacts of the country's bike share schemes. CoMoUK have published the latest findings, including Scottish specific data and insights.

- [Access the Scottish survey results](#)
- Enquiries: [scotland@como.org.uk](mailto:scotland@como.org.uk)

#### Impact of COVID-19 on travel behaviour, transport, lifestyles and location choices in Scotland

THE Covid-19 pandemic may have long-term repercussions for the use of public transport in Scotland, a new study by Edinburgh Napier University suggests. A survey found far fewer members of the public anticipate using buses, trains and aeroplanes after the country emerges from lockdown.

- [Find out more about the Napier University study](#)

## Miscellaneous Public Health Updates

### Health Improvement Lead – Recruitment

West Dunbartonshire Health and Social Care Partnership are actively seeking applications to their Health Improvement Lead post.

- [Find out more and/or apply to the post of HI Lead](#)

## Virtual Events and Campaigns

### WHO – Time for Heat Health Action: Updated evidence for effective prevention

The year 2020 was one of the three warmest on record. This year, we must also brace ourselves for a long, hot summer as the ongoing COVID-19 pandemic exacerbates the problems caused by prolonged periods of heat. This webinar looks at different areas of ongoing work on preventing the adverse health outcomes from heat through good public health practice. The session presents the latest scientific evidence related to effective heat health action planning and features case studies from European countries. WHO/Europe will present an update on its #KeepCool campaign and release a series of video clips to support communication with the public on heat health prevention.

Date: Wednesday 5 May

Time: 10:00 – 11:30

Location: online webinar

- [Register to attend the WHO webinar](#)

### How racism shapes our health – Glasgow Centre for Population Health

This webinar is one component of a body of work and concerted public health effort led by the Glasgow Centre for Population Health and Dr Ima Jackson, Co-Chair of the Scottish Migrant and Ethnic Health Research Strategy Group, in collaboration with Public Health Scotland, to develop understanding of racism and racialisation as fundamental determinants of health in Scotland. This work is committed to ensuring Scotland as a nation has the information it needs to address racism, discrimination and the impacts on population health.

In this seminar, GCPH bring information on discrimination scales which have been developed to measure and evidence different types of interpersonal discrimination and their negative effects on health. These document that how we treat and relate to each other on a day-to-day basis, do not just matter for how they make us feel or our mental health responses, but lead to pathogenic responses within the body.

Professor David Williams will also outline the insidious effects that implicit biases, unconscious discrimination and racialised frames of reference have in creating and maintaining the deep-rooted individual, institutional and systemic racial discrimination that pertain today.

**Date:** 12 May 2021

**Time:** 2.30pm – 4pm

**Location:** Virtual event

- [Register to attend/sign up to virtual link](#)

### Public Health Scotland- Child Poverty Team 'Real Living Wage Accreditation Training'

Many Local Authorities in Scotland are accredited Real Living Wage employers, substantially fewer NHS Boards are accredited.

To tell us more we will be joined by speakers at this event who will;

- provide an overview of what accreditation means;
- the rationale for accreditation;
- how it can be achieved; and
- what the local benefits of accreditation are.

The participants include Lynn Anderson and Iain Russell (Living Wage Scotland), Lisa Buck (Health Improvement Manager - NHS GGC) and Peter Allan (Community Planning Manager - Dundee City Council).

**Date:** 12 May 2021

**Time:** 10:00 – 11:30

**Location:** Virtual Microsoft Teams Session

- [Email to register for attendance](#): Julie Arnot, Senior Health Improvement Officer – Child Poverty, PHS: [Julie.arnot@phs.scot](mailto:Julie.arnot@phs.scot)

### NHS Greenspace – good design for the outdoor estate (Demonstration Project)

Using the findings of a review carried out by ERZ landscape architects, the webinar will explore good landscape design principles and practice and consider issues around site planning and processes. The aim of this event is to increase attendees' understanding of how well-designed and managed NHS outdoor resources can contribute to corporate objectives around climate change, biodiversity and the health & wellbeing of staff, patients and community.

The webinar will be chaired by Tom Steele, Director of Estates & Facilities NHS Greater Glasgow and Clyde, and is aimed primarily at staff involved in site planning,



design, management and use of the outdoor estate. NHS greenspace is a valuable asset - working in partnership to deliver form, content and function can benefit people, place and planet.

**Date:** May 12 2021

**Time:** 14:00

- [MS Teams link to join the session](#)

### National Trauma Training Programme

The [National Trauma Training Programme](#) are delivering training 'Trauma is everybody's business.' The training course is open to anyone with an interest in finding out more on psychological trauma. The focus is to introduce and raise awareness of the work of the National Trauma Training Programme and the resources available.

**Date:** 14 May 2021

**Time:** 10:00 – 11:30

**Location:** MS Teams Event

- [Register to attend](#)

### Launch of WHO overview report on nature, biodiversity and health

The global environment is changing, and these changes have profound and negative impacts on nature – from a worldwide reduction in biodiversity and destruction of natural habitats to humans' use of about half of the planet's liveable surface to feed and provide resources for themselves.

To mark the International Day for Biological Diversity, WHO Regional Office for Europe will launch an overview report describing nature's relevance to human well-being, and how depletion of natural resources can turn into threats for human health. This will be followed by a moderated question and answer session with experts on the need to prevent and reduce human impacts on nature.

**Date:** 20 May 2021

**Time:** 10:00 – 11:30

**Location:** online

- [Register to attend the report launch](#)

### National Youth Justice Conference 2021

This annual conference will discuss children's rights in the justice system, the

incorporation of the UNCRC and what this means for children and young people in Scotland, and how we can work together to ensure that no child is left behind in pursuit of a fair and equal system.

Chaired by Bruce Adamson, Children and Young People's Commissioner Scotland, the event will include the following speakers:

- Juliet Harris (Together, Scotland)
- Dr Anthony Charles (Swansea University)
- Iain Keegan-Smith (Scottish Lawyer of the Year 2020)
- Professor Jennifer Davidson (Institute for Inspiring Children's Futures)
- Gillian Mawdsley (Criminal Justice Solicitor)

**Date:** 16-17 June 2021

**Time:** 9:45-13:00

**Location:** Online

- Register for the conference is now closed. However anyone interested should indicate interest by joining the waitlist to ensure they can access recorded sessions and to follow up with conference outputs: [National Youth Justice Conference 2021 Tickets, Wed 16 Jun 2021 at 09:45 | Eventbrite](#)

### **Keep in touch with ScotPHN:**

- ScotPHN correspondence and general enquiries: [psh.scotphn@psh.scot](mailto:psh.scotphn@psh.scot)
- Scottish Health Promotion Manager inbox: [psh.shpm@psh.scot](mailto:psh.shpm@psh.scot)
- Scottish Directors of Public Health inbox: [psh.sdph@psh.scot](mailto:psh.sdph@psh.scot)
- National Special Interest Groups inbox: [psh.sig@psh.scot](mailto:psh.sig@psh.scot)
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**Take Care**

**Public Health Scotland- ScotPHN Team**