

Scottish Public Health Network

Appendix 5: Case Study Details

Foundations for well-being: reconnecting public health and housing. A Practical Guide to Improving Health and Reducing Inequalities.

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Appendix 5: Case study details

Location	Name of Project	Description	Agencies involved	Level of Prevention	Reports (where available)	Contact
Scotland- wide	Scoping the health impacts of 50,000 new homes	A subgroup of the project advisory group met to explore the potential health impacts of the new housebuilding programme, using an existing guide to Health Impact Assessment for housing developments. This is expected to form the basis for a full Health Impact Assessment on this topic, involving a wider range of stakeholders, during 2017/2018.	ScotPHN project advisory group and Scottish Health Impact Assessment Network	Primary	N/A – scoping stage only	Scottish Health Impact Assessment Network
Scotland- wide	Using the Place Standard to support co- production of healthy places	Since its launch in December 2015, the Place Standard has been used across a number of different settings and by a number of different user groups to help inform healthy place-making. It is freely accessible for all, including communities, the third sector, the private sector, and the public sector.	NHS Health Scotland, Scottish Government Architecture & Place, Architecture & Design Scotland, a number of local authorities and Community Planning Partnerships	Primary		Place Standard website
Fife	Partnership working on housing and health	In NHS Fife, a consultant in public health now represents the health board on the Local Housing Partnership, including chairing the priority theme group on homelessness prevention. This role has enabled public health input to local work on housing and	NHS Fife, Fife Council, others	Primary		<u>Neil Hamlet</u>

		homelessness in a number of areas, both strategic and operational.				
Lanarkshire	Public Health input to Towers Strategy	Public health staff contributed to the development and implementation of the Towers Strategy, in order to integrate health improvement into the daily life of residents in multi- storey flats, and supported the production of a documentary about tower block life, to help develop community skills and cohesion.	NHS Lanarkshire, North Lanarkshire Council	Primary		<u>Kelly McLean</u>
East and South Ayrshire	Area Based Schemes External Wall Insulation Evaluation	The project was initiated by a collaborative working group in order to investigate the impacts of domestic insulation retrofits (Area Based Schemes) in the West of Scotland, including the potential links between improved energy efficiency and health outcomes.	Energy Agency, NHS Ayrshire & Arran, East Ayrshire Council, South Ayrshire Council, Scottish Government.	Primary	CaseStudy_EnergyA gency.docx	<u>Liz Marquis</u>
NHS Borders	Housing and Health Inequalities	The Reducing Inequalities Delivery group involves the leads for each of the five themes including Public Health and Housing and provides a forum for collaborative planning. Arising from the strategy, the leads for Housing, Customer Services and for Public Health have agreed to develop shared learning opportunities for frontline staff to raise awareness and develop skills	Community Planning partners, specifically NHS Borders, Scottish Borders Council and RSLs	Primary	CaseStudy_Housing andHealthInequaliti	Allyson McCollam

		and knowledge in working with disadvantaged groups.				
Glasgow	<u>Revitalise</u>	A project which delivers physical activity and arts and crafts sessions to over 60's in Glasgow. This includes both open community based sessions and sessions within sheltered housing complexes. The programme operates 46 weeks of the year at locations across the city.	Project funded by Wheatley Group, NHS GGC and income from participant session fees	Primary	CaseStudy_Revitalis e.docx	Anna Baxendale
Glasgow	<u>Urban</u> <u>Roots/Moogety</u> <u>Grub Hub</u>	This is a community capacity building project centred on a community garden growing project, including cooking classes, family meals, food co-op flat pack meals and training. It aims to build skills in food and nutrition but also access to volunteering, education and employment.	Funding partnership between Elderpark Housing Association, NHS Greater Glasgow and Clyde Health Improvement Delivery and Urban Roots Third Sector organisation.	Primary	CaseStudy_UrbanR oots.doc w Food For Thought 15 16 Final Report.d	<u>Cathy Rice</u> <u>Urban Roots</u>
Dumfries and Galloway	<u>Galloway</u> <u>Gateway</u>	Several projects run by Loreburn Housing Association focusing on employability, intergenerational working, carers, and technological aid. They aim to combat social factors such as social isolation/loneliness and ill-health via Community Navigator/Social Prescribing model and work with	Loreburn Housing Association, Let's get Sporty, Stewartry HSC Locality, Wigtownshire Health and Social Care Locality, Dumfries and Galloway Council.	Primary/secon dary	CaseStudy_Gallowa yGateway.docx	Andy Todman

		both isolated elderly and those young people emerging from care.				
Western Isles	Social Prescribing for Social Isolation	Those people (especially of older ages) who have been identified by their GP in Uist as suffering from social isolation, either due to transport difficulties, cognitive health issues or fuel poverty impacting on social status, are referred to the pilot where they are assessed and put in touch with relevant organisations in order to address these issues.	NHS Western Isles, Community Organisations, Third Sector organisations befriending organisations etc., Council of Voluntary Organisations	Secondary	CaseStudy_SocialIs olation.docx	<u>Martin Malcolm</u>
Glasgow	Community Connectors	Community Connectors is a programme engaged in supporting elderly people identified as vulnerable (as bereaved, fall, living alone, not eating well etc.) via their GP or social services to live well in their community/home through connecting them into resources and services in the community.	Glasgow Council for the Voluntary Sector (GCVS) in partnership with the Glasgow & West of Scotland Forum of Housing Associations (GWSF)	Secondary	CaseStudy_Commu nityConnectors.doc	Gillian McCamley
Tayside	Community Health and Wellbeing Team.	This programme has both a Nurse Led service, which focuses on early intervention, and the Project Support Workers who work within a Healthy Communities Collaborative remit and offer support to communities to self-manage their issues as well as support engagement into other services.	NHS Tayside, Perth and Kinross Health and Social Care Partnership plus partner agencies from LA and Third Sector.	Secondary	CaseStudy_Commu nityHealthTeam.doc: Nursing at the Edge	<u>Chris Lamont</u>

		The service covers the entire area of Perth and Kinross and targets deprived individuals and communities including Homeless, Gypsy Travellers, Hard to reach, those within the criminal justice system and Refugees. A core element of the service is to promote early interventions and try to get these individuals engaged with mainstream services to prevent a deterioration in their well-being and possible development of long term conditions.				
Aberdeen	<u>Delayed</u> <u>Discharge</u>	This programme aims to use housing expertise in discharge planning to make key improvements to strategic planning of housing and related services in order to provide people with a home environment that supports greater independence and improved health and well-being.	Aberdeen City Council, Integrated Joint Boards, Health and Social Care, NHS Grampian.	Tertiary		Dorothy Askew
Glasgow	Improving the Cancer Journey Partnership Programme		Macmillan Cancer Care, NHS GGC– Primary Care, Mental Health, Regional Services Directorate (Cancer Services) and Public Health. Cordia, Social Work & GlasgowLife. Other third sector partners and housing.	Tertiary	CaseStudy_CancerJ ourney.docx	Debbie Schofield.

		cancer and their families feeling involved in decision making and to be able to make right decision for them on basis of full information. The end result aims to be a radical improvement in experience and quality of life, including at the end of life.				
Glasgow	Vascular Project – Delivering HNA & Care Planning to People with Lower Limb Amputations (QEUH)	care planning to those with lower limb applications, which can have a	Public Health, Queen Elizabeth University Hospital Vascular wards and physio and rehabilitation, Glasgow City Council, Social work and Third Sector (Finding your Feet Charity).	Tertiary	CaseStudy_Vascular Project	Debbie Schofield
Scotland- wide	HOS Mates Housing Options Peer Support Programme	Housing Options Scotland is a national multi-tenure pan-disability housing advice, information and support charity. The peer support project offers disabled people across Scotland the opportunity to engage with trained volunteers, who are themselves disabled or carers for someone who is disabled, and have already been through the maze of the disability	Housing Options Scotland	Tertiary	CaseStudy_HOSMat es.docx	Fraser Gilmore

		housing world. This model of enabling other disabled people can assist that person in exerting control over their own lives.				
Glasgow	Understanding Excess Mortality in Glasgow	A synthesis of a long-term programme of research into the reasons why Scotland – and Glasgow in particular – experiences high levels of 'excess mortality' (death rates higher than would be expected given the country's socioeconomic profile).	Health, NHS Health Scotland, the University of the West of Scotland, and University	N/A – research	Link	<u>GCPH</u>



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